

## January 2002

### 5th January - Middlesex Cross Country Champs - Cranford

#### Under 15 boys

Saningo Martyn - 23rd

#### Under 17 boys

Lewis Danagher - 4th

#### Senior Women (8000m)

2nd	- Sula Young	(non-scorer)
5th	- Esther Evans	31mins 10s
6th	- Anna McCutcheon	31mins 17s
7th	- Astrid Wingler	31mins 31s
20th	- Natasha Cendrowicz	33mins 20s
31st	- Karen Wright	36mins 10s
34th	- Louise Curtis	36mins 28s

#### Team positions

1st	Shaftesbury Barnet	32 points
2nd	Highgate Harriers	38 points
3rd	Thames Valley Harriers	59 points

#### Senior men (12000m)

8th	- Nick Martyn	40mins 47s
17th	- Nick Gold	42mins 44s
19th	- Duncan Burbidge	42mins 58s
25th	- Alex Davidson	43mins 22s
37th	- Andrew Evans	44mins 38s
66th	- Chris Bailey	49mins 11s
78th	- Steve Scruton	50mins 47s
115th	- Ralph Allemano	61mins 13s

#### Team positions

1st	Harrow AC	105 points
2nd	London Heathside	119 points
3rd	Hillingdon AC	162 points
4th	Highgate Harriers	172 points

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### 12th January - Metropolitan Cross Country League Claybury (Woodford)

#### Women

1st	Kate Jenrick	19mins 20s
4th	Astrid Wingler	20mins 16s
8th	Esther Evans	20mins 37s
21st	Natasha Cendrowicz	21mins 29s
35th	Rhonda Munnik	22mins 57s



44th Karen Wright

23mins 33s

#### Team positions

1st=	<b>Highgate Harriers</b>	445 points
	London Heathside	445 points
3rd	Woodford Gn & Essex Ladies	377 points

#### Overall position (after 4 matches)

1st	London Heathside	2193 points
2nd	<b>Highgate Harriers</b>	2120 points
3rd	Woodford Gn & Essex Ladies	2101 points



#### Men

8th	Neil Coe	28mins 17s
73rd	Chris Bailey	32mins 14s
105th	Richard Solomons	34mins 00s
152nd	Dave Burrows	37mins 09s
192nd	Ralph Allemano	42mins 15s

### 26th January - South of England Cross Country Champs Parliament Hill Fields

#### Senior Women

6th	Sula Young	37:01
8th	Astrid Winger	37:13
20th	Kate Jenrick	38:07
31st	Anna McCutcheon	39:51
38th	Esther Evans	40:16
53rd	Natasha Cendrowicz	41:56
103rd	Elizabeth Ogunde	45:03

#### Team positions

1st	Windsor Slough & Eton	35 points
2nd	Shaftesbury Barnet	61 points
3rd	<b>Highgate Harriers</b>	62 points

### Senior Men

20th	Nick Martyn	55:12
36th	Shane Snow	56:38
38th	Neil Coe	57:00
42nd	Chris Beecham	57:14
61st	Joe Loader	58:17
70th	Javier Pes	58:36
90th	Ben Pochee	59:10
109th	Duncan Burbidge	60:02
175th	Alistair Lindsay	63:07
194th	Henry Dodwell	63:49
401st	Richard Solomons	70:37
500th	Kevin Linehan	73:44

### Team positions

#### (6 to score)

1st	Bedford & County AC	99 points
2nd	Thames Hare & Hounds	133 points
3rd	Shaftesbury Barnet	193 points
4th	Highgate Harriers	267 points

#### (12 to score)

1st	Bedford & County AC	516 points
2nd	Thames Hare & Hounds	786 points
3rd	Blackheath Harriers	1338 points
4th	Highgate Harriers	1732 points

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## February 2002

### 16th February - Metropolitan Cross Country League Welwyn Garden City

#### Women

1st	Kate Jenrick	18mins 07s
2nd	Astrid Wingler	18mins 15s
6th	Esther Evans	18mins 46s
18th	Natasha Cendrowicz	19mins 47s
45th	Jo Winfield	21mins 32s
53rd	Sarah Hubner	22mins 13s

Team position - 2nd

Final league positions (after 5 matches)

London Heathside	2656 points
HIGHGATE HARRIERS	2556 points
Woodford Green	2443 points

#### Men

5th	Chris Beecham	31mins 39s
21st	Henry Dodwell	33mins 50s

32nd	Alex Davidson	34mins 25s
35th	Eric Southam	34mins 37s
44th	Duncan Burbidge	34mins 57s
96th	Richard Solomons	38mins 42s

## 23rd February - National Cross Country Championships Bristol

### Women

33rd	Kate Jenrick	31mins 09s
45th	Sula Young	31mins 36s
68th	Anna McCutcheon	32mins 30s
80th	Esther Evans	33mins 06s
87th	Natasha Cendrowicz	33mins 14s
218th	Karen Wright	37mins 45s

### Team positions

1st	Shaftesbury Barnet	67 points
2nd	Bristol AC	79 points
3rd	Tipton Harriers	157 points
4th	<b>HIGHGATE HARRIERS</b>	224 points

[Full womens results](#)

### Men

77th	Shane Snow	43mins 08s
97th	Joe Loader	43mins 30s
101st	Chris Beecham	43mins 33s
134th	Nick Martyn	44mins 22s
142nd	Neil Coe	44mins 34s
205th	Javier Pes	45mins 27s
274th	Duncan Burbidge	46mins 34s
377th	Chris Bailey	47mins 44s
440th	Eric Southam	48mins 27s
726th	Richard Solomons	52mins 13s

Team position - 11th of 92 teams

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**March 2002**

**April 2002**

## 7th April - South of England Road Relay Championships Milton Keynes

### Women (6 x 5.5km)

<b>Leg 1</b>	Anna McCutcheon (9th)	20:15
<b>Leg 2</b>	Gowry Hodge (4th)	19:53
<b>Leg 3</b>	Esther Evans (5th)	22:19
<b>Leg 4</b>	Astrid Wingler (5th)	20:08

**Leg 5** Sally Hannah (4th) 20:59

**Leg 6** Kate Jenrick (3rd) 19:23

#### Team Positions

1st	Shaftesbury Barnet	2hrs 00:22
2nd	Bedford & County AC	2hrs 01:46
<b>3rd</b>	<b>Highgate Harriers</b>	<b>2hrs 02:57</b>

[Full results](#)

### Men

#### Long leg (8km)

<b>Leg 1</b>	Ben Pochee (14th)	25:43
<b>Leg 3</b>	Chris Beecham (8th)	25:30
<b>Leg 5</b>	Nick Martyn (7th)	26:17
<b>Leg 7</b>	Duncan Burbidge (13th)	26:28
<b>Leg 9</b>	Javier Pes (10th)	25:38
<b>Leg 11</b>	Eric Southam (11th)	27:27

#### Short leg (5.5km)

<b>Leg 2</b>	Dominic Hall (7th)	17:37
<b>Leg 4</b>	Neil Coe (6th)	17:54
<b>Leg 6</b>	Chris Bailey (11th)	19:12
<b>Leg 8</b>	Andrew Evans (12th)	18:52
<b>Leg 10</b>	Alex Davidson (10th)	18:42
<b>Leg 12</b>	Nick Gold (11th)	18:56

#### Team Positions

1st	Belgrave Harriers	4hrs 11:18
2nd	Newham & Essex Beagles	4hrs 17:12
3rd	Bedford & County AC	4hrs 18:27
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<b>11th</b>	<b>Highgate Harriers</b>	<b>4hrs 28:16</b>

[Full results](#)

## 27th April - Southern Womens Athletics League

#### Division 2 - Parliament Hill

1	- Chelmsford AC	190 points
2	- HIGHGATE HARRIERS	184 points
3	- Thurrock	149 points
4	- Huntingdon	140 points
5	- North Devon	126 points

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## May 2002

## 4th May - Southern Mens Athletics League

#### Division 1 - Windsor

1	Kingston	116 points
2	Cambridge	111.5 points
3=	HIGHGATE HARRIERS	110 points
3=	Windsor, Slough, Eton & Hounslow	110 points
5	Herts Phoenix	76.5 points

#### Division 4E - Colchester

1 - Luton	135 points
2 - HIGHGATE HARRIERS	126 points
3 - Walthamstow	122 points
4 - Herts Phoenix	81 points

## 18th May - Southern Womens Athletics League

### Division 2 - Oxford

1 - Blackheath Harriers	204 points
2 - Reading	203 points
3 - Plymouth	168 points
4 - Shaftesbury Barnet	128 points
5 - HIGHGATE HARRIERS	110 points

## 18th May - Southern Mens Athletics League

### Division 1 - Woodford

1 - Yeovil	131 points
2 - Woodford Green & Essex Ladies	113.5 points
3 - HIGHGATE HARRIERS	109.5 points
3 - Southend	103.5 points
5 - Worthing	69.5 points

### Division 4E - Watford

1 - Watford	140 points
2 - HIGHGATE HARRIERS	115.5 points
3 - Harlow	110 points
4 - Victoria Pk & Tower Hamlets	79.5 points
5 - Dartford Harriers	75 points

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## June 2002

## 8th June - Southern Womens Athletics League

### Division 2 - Oxford

1 - Herts Phoenix	243 points
2 - Colchester Harriers	190 points
3 - Oxford City	137 points
4 - HIGHGATE HARRIERS	116 points
5 - Worthing & District	94 points

## 8th June - Southern Mens Athletics League

#### Division 1 - Parliament Hill

1 - Medway & Maidstone	128 points
2 - HIGHGATE HARRIERS	113 points
3 - Nene Valley Harriers	107 points
3 - Ashford	99 points
5 - Belgrave	70 points

#### Division 4E - Parliament Hill

1 - HIGHGATE HARRIERS	140.5 points
2 - Tunbridge Wells	128.5 points
3 - Enfield & Haringey	107 points
4 - Bexley	101 points
5 - St Albans	Absent

### 22nd June - Southern Mens Athletics League

#### Division 1 - Tooting

1 - Herne Hill Harriers	132 points
2 - HIGHGATE HARRIERS	118 points
3 - Woking	114 points
4 - Exeter	108 points
5 - Ipswich	56 points

#### Division 4E - Bury St Edmunds

1 Chelmsford	133 points
2= Blackheath Harriers	100 points
2= Eastbourne	100 points
4 West Suffolk	93 points
5 HIGHGATE HARRIERS	82 points

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**July 2002**

### 6th July - Southern Womens Athletics League

#### Division 2 - Battersea

1 - Belgrave	247 points
2 - Luton	153 points
3 - Cambridge Harriers	145 points
4 - HIGHGATE HARRIERS	125 points
5 - Basingstoke & Mid Hants	111 points

## 13th July - Southern Mens Athletics League

### Division 1 - Basildon

1	Basildon	116.5	points
2=	Harrow	107	points
2=	Epsom	107	points
4	HIGHGATE HARRIERS	100	points
5	Basingstoke	94.5	points

### Division 4E - Sutcliffe Park

1	HIGHGATE HARRIERS	121.5	points
2	Ashford	117	points
2	Horsham	114	points
4	Paddock Wood	102.5	points
5	Invicta East Kent	53	points

## 27th July - Southern Womens Athletics League

### Division 2 - Hastings

1	- Hastings AC	187	points
2	- City of Portsmouth AC	179.5	points
3	- Southampton City	157	points
4	- Brighton and Hove AC	151	points
5	- HIGHGATE HARRIERS	136	points

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## August 2002

## 3rd August - Southern Mens Athletics League

### Division 1 - Bournemouth

1	Bournemouth	135	points
2	Winchester	113	points
2	Shaftesbury Barnet	99	points
4	Team Solent	90	points
5	HIGHGATE HARRIERS	88	points

[Final 2002 League Table](#)

### Division 4E - Hemel Hempstead

1	Brighton & Hove	141.5	points
2	Colchester Harriers	126	points
2	Barnet & District	97.5	points



4	HIGHGATE HARRIERS	92	points
5	Dacorum & Tring	53	points

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## September 2002

### 7th September - Southern Womens Athletics League

#### Division 2 - Medway

- 1 -
- 2 -
- 3 -
- 4 -
- 5 -

### 14th September - St Albans Cross Country relays

#### Women

Leg 1	Astrid Wingler	15mins 45s
Leg 2	Natasha Cendrowicz	18mins 05s
Leg 3	Anna McCutcheon	16mins 43s
Leg 4	Sarah Nicholls	17mins 47s

#### Team positions

1st	Shaftesbury Barnet
2nd	Highgate Harriers

#### Fastest Lap

1st - Astrid Wingler (Highgate Harriers) 15 mins 45s



#### Men (A team)

Leg 1	Andrew Evans	14mins 34s
Leg 2	Ben Pochee	13mins 30s
Leg 3	Alex Davidson	14mins 54s
Leg 4	Javier Pes	14mins 14s
Leg 5	Duncan Burbidge	14mins 42s
Leg 6	Henry Dodwell	14mins 33s

#### (B team)

Leg 1	John Ayton	18mins 21s
Leg 2	Joseph Lowe	16mins 27s
Leg 3	Steve Scruton	17mins 54s
Leg 4	Nick Bentham	16mins 25s
Leg 5	Andrew Evans	15mins 49s



Leg 6 Chris Bailey 15mins 16s

#### Team positions

1st Highgate Harriers "A"  
2nd Shaftesbury Barnet

#### Fastest Laps

1st - S. Cowlshaw (London Irish) 13 mins 24s  
2nd - Ben Pochee (Highgate Harriers) 13 mins 30s

## 28th/29th September - South of England Road Relays

### Men

Leg 1 - Henry Dodwell 20mins 10s  
Leg 2 - Javier Pes 19mins 12s  
Leg 3 - Ben Pochee 18mins 09s  
Leg 4 - Chris Beecham 19mins 42s  
Leg 5 - Duncan Burbidge 20mins 04s  
Leg 6 - Andrew Evans 19mins 57s

Team position - 17th

### Women "A" Team

Leg 1 - Astrid Wingler 13mins 39s  
Leg 2 - Gowry Retchaken 13mins 44s  
Leg 3 - Esther Evans 14mins 19s  
Leg 4 - Kate Jenrick 14mins 19s

Team position - 6th

### "B" Team

Leg 1 - Rhonda Munnick 14mins 53s  
Leg 2 - Natasha Cendrowicz 15mins 25s  
Leg 3 - Sarah Nicholls 15mins 15s  
Leg 4 - Sharon Cooney 15mins 09s

Team position - 25th

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## October 2002

### 12th October - Metropolitan Cross Country League Woodford

#### Men

11th Henry Dodwell 25m 36s  
19th Alex Davidson 26m 04s

#### Women

2nd Astrid Wingler 15m 20s  
4th Anna McCutcheon 15m 41s

22nd	Andrew Evans	26m 10s	6th	Esther Evans	15m 51s
29th	Duncan Burbidge	26m 42s	8th	Emma Brady	15m 56s
35th	Chris Bailey	27m 01s	12th	Kate Jenrick	16m 13s
46th	Dan Winfield	27m 31s	16th	Natasha Cendrowicz	16m 26s
60th	Jonathan Deane	28m 10s	68th	Jenny Turner	18m 50s
121st	Steve Scruton	30m 46s	83rd	Rebecca Tunstall	19m 44s
183rd	Dave Burrows	34m 09s			
196th	Ralph Allemano	35m 18s			

Team Position - 8th

Team Position - 1st

## 26th October - National Relay Championships Sutton Park, Birmingham

### Women's 4 stage

'A' team

Leg 1 - Astrid Wingler	15mins 22s
Leg 2 - Gowry Hodge	16mins 49s
Leg 3 - Esther Evans	16mins 00s
Leg 4 - Anna McCutcheon	16mins 01s

Team position - 14th

'B' team

Leg 1 - Sally Hannah	15mins 39s
Leg 2 - Kate Jenrick	16mins 15s
Leg 3 - Natasha Cendrowicz	17mins 14s
Leg 4 - Sharon Cooney	17mins 54s

Team position - 29th

[Full women's results](#)

### Men's 6 stage

Leg 1 - Ben Pochee	17mins 38s
Leg 2 - Javier Pes	19mins 12s
Leg 3 - Henry Dodwell	19mins 46s
Leg 4 - Jerome Claeys	17mins 53s
Leg 5 - Duncan Burbidge	19mins 16s
Leg 6 - Dan Winfield	20mins 21s

Team position - 33rd

[Full men's results](#)

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**November 2002**

**2nd November - Metropolitan Cross Country League  
Ruislip**

### Senior Men

12th	Henry Dodwell	25mins 54s
15th	Nick Martyn	25mins 59s
22nd	Chris Bailey (1st Vet)	26mins 18s
26th	Duncan Burbidge	26mins 31s
29th	Alex Davidson (2nd Vet)	26mins 33s
42nd	Dan Winfield	27mins 32s
153rd	Steve Scruton	32mins 10s
193rd	Dave Burrows	34mins 31s

### Senior Women

2nd	Sally Hannah	15mins 44s
4th	Kate Jenrick	15mins 48s
5th	Anna McCutcheon	15mins 50s
7th	Astrid Wingler	15mins 58s
8th	Esther Evans	16mins 00s
24th	Natasha Cendrowicz	16mins 57s
25th	Rhonda Munnick	17mins 05s
28th	Sarah Nicholls	17mins 21s
29th	Elizabeth Ogunde	17mins 26s
67th	Jenny Turner	19mins 10s

Team Position - 10th  
Position after race 2 - 9th

Team Position - 1st  
Position after race 2 - 1st

### Under 17 Men

25th	Sanigo Martyn	16mins 15s
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## 9th November - North London Cross Country Championships Ruislip

Highgate Harriers came away with the individual and team honours in both the womens and mens championships on Saturday.

### Senior Women

1st	Sally Hannah	22mins 23s
4th	Anna McCutcheon	22mins 26s
5th	Kate Jenrick	22mins 36s
10th	Sarah Nicholls	24mins 12s
13th	Natasha Cendrowicz	25mins 13s

#### Team Positions

1st	Highgate Harriers	20 points
2nd	London Heathside	37 points

### Senior Men

1st	Ben Pochee	25mins 43s
2nd	Jerome Claeys	26mins 05s
6th	Javier Pes	26mins 58s
11th	Nick Martyn	27mins 13s
13th	Henry Dodwell	27mins 35s
19th	Alex Davidson (2nd Vet)	27mins 54s
21st	Duncan Burbidge	28mins 03s
22nd	Chris Bailey (3rd Vet)	28mins 05s
54th	Steve Scruton	32mins 52s

#### Team Positions

1st	Highgate Harriers	52 points
2nd	Thames Valley Harriers	88 points

## 23rd November - London Cross Country Championships Parliament Hill Fields

### Women

3rd	Astrid Wingler	19:49
13th	Esther Evans	21:32
14th	Natasha Cendrowicz	21:37
16th	Anna McCutcheon	21:50
20th	Elizabeth Ogunde	22:18
34th	Maria Psatha	23:43
40th	Sharon Cooney	24:29

### Team result

1st	Shaftesbury Barnet	39 points
2nd	Highgate Harriers	46 points
3rd	London Heathside	89 points

### Men

7th	Nick Martyn	34:36
20th	Chris Bailey (3rd Vet)	36:01
21st	Andrew Evans	36:05
23rd	Alex Davidson (4th Vet)	36:16
24th	Duncan Burbidge	36:27
31st	Dan Winfield	37:35
57th	Phil Coulson	39:32
62nd	Joseph Lowe	40:32
??th	Steve Scruton	
??th	Kevin Linehan	

### Team results

1st	Thames Valley Harriers	38 points
2nd	Kent AC	47 points
3rd	London Heathside	66 points
4th	Highgate Harriers	71 points

## 30th November - Metropolitan Cross Country League Horsenden Hill

### Senior Men

23rd	Nick Gold	30mins 06s
24th	Chris Bailey	30mins 08s
63rd	Jonathan Deane	32mins 05s
40th	Dan Winfield	31mins 06s
155th	Dave Burrows	37mins 10s

### Senior Women

1st	Sula Young	14mins 29s
2nd	Astrid Wingler	14mins 31s
11th	Natasha Cendrowicz	15mins 34s
13th	Esther Evans	15mins 35s
15th	Kate Jenrick	15mins 44s
61st	Jenny Turner	18mins 01s
74th	Becky Tunstall	18mins 36s

Team Position - 13th

Position after race 3 - 10th

Team Position - 1st

Position after race 3 - 1st

Under 17 Men

3rd Lewis Danagher 13mins 33s  
15th Saningo Martyn 14mins 30s

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## December 2002

### 7th December - Fraternity Cup Trent Park

6th	Duncan Burbidge	27:16
9th	Chris Bailey	27:32
12th	Alex Davidson	27:42
13th	Andrew Evans	27:54
14th	Nick Gold	28:03
17th	Nick Martin	28:25
20th	Chris Beecham	28:38
57th	Joseph Lowe	32:04

#### Team positions

1st	Highgate Harriers	71 points
2nd	London Heathside	72 points
3rd	Ealing, Southall & Middx	167 points



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