

January 2007

6th January - Middlesex Cross Country Champs Horsenden Hill

Under 13 girls (3000m)

4th	Samara Williams	14mins 06s
25th	Mei Corbett	16mins 08s
26th	Amy-Jane Cotter	16mins 11s
36 finishers (5th team out of 7)		

Under 13 boys (3000m)

11th	Roland Turnell-Ritson	13mins 14s
18th	Stanley Harrison	13mins 44s
20th	Leo Turnell-Ritson	13mins 49s
44 finishers (4th team out of 7)		

Under 15 girls (4000m)

9th	Alice Keane	19mins 58s
24th	Verity Cleveley-Jones	23mins 18s
30th	Mathilda Sissy Bridge	25mins 15s
33 finishers (6th team out of 7)		

Under 15 boys (4000m)

20th	William Laing	19mins 07s
28th	George Laing	20mins 28s
36 finishers		

Under 17 women (5000m)

14th	Nina Sorensen	26mins 59s
21 finishers		

Under 17 men (6000m)

14th	Lawrence Matthewman	24mins 35s
24 finishers		

Junior women (5000m)

4th	Aneira Roose-McClew	26mins 42s
5 finishers		

Junior men (6000m)

1st	Saningo Martyn	22mins 11s
4th	Atak Diing	23mins 25s
12th	Jack Matthewman	25mins 29s
15 finishers		

Junior men team positions

1st	Highgate Harriers	17 points
2nd	Hillingdon	27 points
3rd	Harrow	32 points

Senior Women (8000m)

1st	Svenja Abel	33mins 24s
2nd	Esther Evans	34mins 23s
7th	Astrid Wingler	36mins 00s
16th	Alex Goodwin	38mins 01s
18th	Anne Curley	38mins 23s
19th	Natasha Cendrowicz	39mins 23s
20th	Louise Burnie	39mins 24s
32nd	Jenny Turner	42mins 02s
38th	Fiona Maguire	43mins 22s
43rd	Annabelle Lovejoy	45mins 15s

53 finishers

Senior women team positions

1st	London Heathside	22 points
2nd	Highgate Harriers	26 points
3rd	Ealing, Southall & Middx	53 points

Senior Men (12000m)

6th	Henry Dodwell	45mins 29s
8th	David Bruce	46mins 39s
14th	Chris Beecham	47mins 58s
16th	Ryan McKinlay (U20 guest)	48mins 26s
23rd	Peter Downie	48mins 58s
38th	Glenn Saqui	50mins 31s
42nd	Alistair Lindsay	51mins 08s
60th	Jonathan Deane	53mins 33s
76th	Greg Fuzesi	56mins 26s
90th	José Barretta	58mins 45s
107th	Nick Stockman	63mins 14s

114 finishers

Senior men team positions

1st	Highgate Harriers	131 points
2nd	Harrow	151 points
3rd	Thames Valley Harriers	160 points

13th January - Metropolitan Cross Country League Wormwood Scrubs

Under 15 girls

11th	Alice Keane	15m 20s
40 finishers		

Match Position 9th

League Position after race 4 - 9th of 12

Under 17 men

12th	Laurence Matthewman	16m 07s
29th	William Laing	17m 36s
30th	David Mobbs	17m 49s
42nd	George Laing	19m 08s

49 finishers

Senior Men

3rd	Henry Dodwell	28m 59s
24th	Ryan McKinlay	30m 54s
25th	Atak Diing	30m 56s
34th	Peter Downie	31m 06s
60th	C Panayioutou	32m 30s
71st	Alistair Lindsay	32m 59s
91st	Joseph Lowe	33m ??s
115th	Jon Gardner	34m 26s
141st	John O'Shea	35m 27s
142nd	J Rainbow	35m 29s

Match Position 7th		
League Position after race 4 - 6th of 14		
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Senior Women		
2nd	Esther Evans	16m 35s
4th	Astrid Wingler (2nd Vet)	16m 45s
17th	Kate Jenrick	17m 46s
24th	Fiona Burnie	18m 02s
28th	Natasha Cendrowicz	18m 09s
29th	Louise Burnie	18m 15s
40th	Alex Goodwin	18m 35s
64th	Natalie Vasey	19m 32s

117 finishers

Match Position 1st

League table after race 4 (top 4 of 22)

1st	Highgate Harriers	2864 points
2nd	Woodford Green & Essex Ladies	2464 points
3rd	London Heathside	2398 points
4th	Garden City Runners	2283 points

164th	José Barretta	36m 37s
169th	Steve Scruton	36m 43s
181st	Keith Wilson	37m 11s
207th	Kevin Linehan	38m 18s
229th	Nick Stockman	39m 29s

287 finishers

Match Position 5th

League table after race 4 (top 5 of 25)

1st	Woodford Green & Essex Ladies	12571 points
2nd	Shaftesbury Barnet	12385 points
3rd	Serpentine RC	10842 points
4th	Highgate Harriers	10471 points
5th	London Heathside	9964 points

**20th January - North of the Thames Championships
Kingsbury**

Under 20 women (6000m)

1st Aneira Roose-McClew 31m 10s

Senior Women (6000m)

1st Astrid Wingler 25m 22s

12th Annabelle Lovejoy 31m 01s

[Full results](#)

**20th/21st January - South of England Indoor Championships
Lee Valley Centre**

[Full results](#)

**27th January - South of England Cross Country Championships
Holkham Hall, Norfolk**

Under 15 girls

58th Alice Keane 16m 57s

137 finishers

Under 17 boys

55th Laurence Matthewman 20m 19s

85 finishers

Junior men

10th Sainigo Martyn 27m 39s

67th Louis Bellamacina 35m 25s

68 finishers

Senior Women (8000m)

52nd Anne Curley 33m 42s

?? Natasha Cendrowicz ??m ??s

100th Natalie Vasey 36m 57s

203 finishers

Senior Men (15000m)

28th Glenn Saqui 49m 45s

81st Peter Downie 52m 31s

226th Mark Sweeney	58m 51s
297th José Barretta	61m 59s
430th Nick Stockman	67m 49s

553 finishers

[Full results](#)

February 2007

3rd February - South of England Masters Cross Country Champs (incorporating Middlesex Masters Championships) Mad Bess Wood - Ruislip

Men (10k)

23rd Eric Southam (7th SEAA V45, 5th Middlesex V40) 36mins 14s

10th February - Metropolitan Cross Country League Horsenden Hill, Perivale

Highgate women crowned League Champions for the 5th successive year

Under 15 girls

3rd Samara Williams	13m 57s
5th Alice Keane	14m 04s
23rd Stella Sabin	16m 14s

31 finishers

Match Position 4th

Final League Position - 9th of 12

Under 17 men

7th Laurence Matthewman	25m 07s
13th Hammish Birrell	25m 50s
21st William Laing	26m 57s
26th George Laing	27m 32s
28th David Mobbs	28m 01s

38 finishers

Match Position 4th

Final League Position - 5th of 14

Senior Women

3rd Astrid Wingler (2nd Vet)	26m 41s
16th Fiona Burnie	28m 30s
21st Louise Burnie	29m 20s
33rd Natalie Vasey	30m 13s
40th Natasha Cendrowicz	30m 49s
51st Fiona Maguire	32m 22s
58th Aneira Roose-McClew	32m 56s

87 finishers

Match Position 3rd

Final League table (top 4 of 22)

1st Highgate Harriers	3228 points
2nd Woodford Green & Essex Ladies	2869 points
3rd London Heathside	2744 points
4th Garden City Runners	2693 points

Senior Men

13th Glen Saqui	35m 31s
35th C Panayioutou	36m 53s
50th Eric Southam	37m 21s
66th Joseph Lowe	37m 58s
110th Jon Gardner	40m 50s
113th J Rainbow	41m 25s
127th Tom Mehew	42m 25s
137th John O'Shea	43m 39s
146th Greg Fuzesi	44m 24s
148th Kevin Linehan	44m 29s
149th José Barretta	44m 33s
179th Nick Stockman	47m 56s

213 finishers

Match Position 6th

Final League table (top 5 of 25)

1st Woodford Green & Essex Ladies	14690 points
2nd Shaftesbury Barnet	14550 points
3rd Serpentine RC	12453 points
4th Highgate Harriers	11766 points
5th London Heathside	11144 points

March 2007

10th March - English National Cross Country Championships Sunderland

Senior Women (8000m)

18th	Svenja Abel	31mins 33s
30th	Sula Young	32mins 31s
86th	Astrid Wingler	34mins 58s
118th	Louise Burnie	36mins 10s
180th	Natasha Cendrowicz	38mins 56s

(297 finishers)

Team positions (4 to score)

1st	Winchester & District AC	41 points
2nd	Telford AC	123 points
3rd	Bingley Harriers & AC	145 points
4th	Shaftesbury Barnet	165 points
5th	Leeds City AC	186 points
6th	Highgate Harriers	252 points

28 complete teams

[Full Senior Women results](#)

Junior Men (10000m)

92nd	Saningo Martyn	37mins 20s
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(139 finishers)

[Full Junior Men Results](#)

Senior Men (12000m)

120th	Henry Dodwell	42mins 18s
241st	Eric Southam	44mins 56s

(916 finishers)

[Full Senior Men Results](#)

[Full results](#)

17th March - Coastal Challenge North Shore City, Auckland

11km (Milford Beach to Devonport)

5th	David Burrows	47:22
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151 finishers



[Full results](#)

25th March - Devonport Classic 5K Devonport, Auckland



3rd	David Burrows	19:47
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287 finishers

April 2007

1st April - South of England Road Relay Championships Milton Keynes

Women (6 x 5356m)



Leg 1	Esther Evans (9th)	19:38
Leg 2	Astrid Wingler (12th)	20:38
Leg 3	Kate Jenrick (10th)	20:58
Leg 4	Svenja Abel (5th) (4th fastest of day)	18:15
Leg 5	Louise Burnie (4th)	21:48
Leg 6	Fiona Burnie (4th)	21:15

Incomplete B team

Leg 1	Natasha Cendrowicz (34th)	23:21
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Team Positions

1st	Bedford & County	1hrs 54m 07s
2nd	Aldershot, Farnham & District	1hrs 54m 59s
3rd	Shaftesbury Barnet Harriers	1hrs 55m 46s
4th	Highgate Harriers	2hrs 02m 32s

25 teams finished

[Full results](#)

Men (12 stage)

Long leg (7826m)			Short leg (5356m)		
Leg 1	Glen Saqui (11th)	25:08	Leg 2	Peter Downie (10th)	17:46
Leg 3	Henry Dodwell (6th)	25:15	Leg 4	Alistair Lindsay (10th)	18:56
Leg 5	Chris Chapman (12th)	26:10	Leg 6	Eric Southam (11th)	18:04
Leg 7	Chris Beecham (11th)	26:29	Leg 8	Joseph Lowe (13th)	18:58
Leg 9	Ryan MacKinley (12th)	26:49	Leg 10	Atak Diing (12th)	18:21
Leg 11	John Deane (12th)	29:51	Leg 12	Chris Pananayiotos (12th)	18:13

Team Positions

1st	Shaftesbury Barnet Harriers	4hrs 13m 43s
2nd	Belgrave Harriers	4hrs 14m 13s
3rd	Newham & Essex	4hrs 15m 34s

12th Highgate Harriers **4hrs 30m 00s**

38 teams finished

[Full results](#)

**28th April - London Inter-Club Challenge
Cophall**

Men		Women			
1	Shaftesbury Barnet	172 points	1	Shaftesbury Barnet	113 points
2	Highgate Harriers	86 points	2	Enfield & Haringey	78 points
3=	Enfield & Haringey	51 points	3	Woodford Green & EL	50 points
3=	Woodford Green & EL	51 points	4	Vale of Aylesbury	18 points
5	Vale of Aylesbury	29 points	5	Highgate Harriers	7 points

**29th April - National Junior League
South Thames Division
Bedford**

Team result

1	Basildon AC	505
2	City of Norwich	430
3	Team Bedfordshire	419
4	Havering Mayesbrook AC	388
5	Ipswich Harriers	251
6	London Heathside & Highgate Harriers	222
7	Colchester & Tendring AC	112
8	St Albans / Watford AC	0

[Full Results](#)

May 2007

5th May - Southern Mens League

Division 1 - Parliament Hill

1	Highgate Harriers	136 points
2	Woking AC	119 points
3	Kent AC	103 points
4	Woodford Green & Essex Ladies	93 points
5	Swindon AC	65 points

6th May - Young Athletics League

**Southern Division 1E
William Parker Arena, Hastings**

1	Hastings	373½ points
2	Eastbourne	349 points
3	Thames Valley Harriers	279½ points
4	Highgate Harriers	191 points

19th May - Southern Mens League

Division 1 - Peterborough

1	Reading	134½ points
2	Nene Valley	133½ points
3	Highgate Harriers	118½ points
4	Dartford AC	73½ points
5	Newham & Essex Beagles	68 ½ points

20th May - Young Athletics League

Southern Division 1E Canterbury High School

1	Herne Hill Harriers	446 points
2	Lewes AC	382 points
3	Invicta East Kent	316 points
4	Highgate Harriers	152 points

26th May - London Inter-Club Challenge Lee Valley

Men

1	Enfield & Haringey	107 points
2=	Highgate Harriers	80 points
2=	Shaftesbury Barnet	80 points
4	Woodford Green & EL	74 points
5	Vale of Aylesbury	42 points

Women

1	Woodford Green & EL	112 points
2	Enfield & Haringey	78 points
3	Shaftesbury Barnet	27 points
4	Highgate Harriers	20 points
5	Vale of Aylesbury	10 points

League positions after match 2

Men

1	Shaftesbury Barnet	8½ (252 points)
2	Highgate Harriers	8 (166 points)
3	Enfield & Haringey	7½ (158 points)
4	Woodford Green & EL	4½ (125 points)
5	Vale of aylesbury	2 (71 points)

Women

1	Woodford Green & EL	8 (162 points)
2	Enfield & Haringey	8 (156 points)
3	Shaftesbury Barnet	8 (140 points)
4	Vale of Aylesbury	3 (28 points)
5	Highgate Harriers	3 (27 points)

27th May - National Junior League South Thames Division Basildon

Team result

1	Havering Mayesbrook AC	489
2	Ipswich Harriers	484
3	Basildon AC	479
4	City of Norwich	437
5	Bedford & County	363
6	London Heathside & Highgate Harriers	167
7	Colchester & Tendring AC	126

[Full Results](#)

June 2007

2nd June - Southern Mens League

Division 1 - Ashford

1	Yeovil	128 points
2	Havering Mayesbrook	110 points
3	Highgate Harriers	108 points
4	Ashford AC	103 points
5	City of Norwich	81 points

3rd June - Young Athletics League

Southern Division 1E Parliament Hill

1	Brighton & Hove	353 points
2	St Albans	344 points
3	Dartford	263 points
4	Highgate Harriers	231 points

23rd June - Southern Mens League

Division 1 - Brighton

1	Highgate Harriers	126 points
2	Channel Islands	116 points
3	Brighton & Hove AC	112 points
4	Chelmsford AC	77 points
5	Milton Keynes	75 points

24th June - Young Athletics League

Southern Division 1E Perivale

1	Ealing, Southall & Middlesex	431 points
2	Medway & Maidstone	350 points
3	Hercules Wimbledon	223 points
4	Highgate Harriers	186 points

30th June - London Inter-Club Challenge Parliament Hill

Men

1	Shaftesbury Barnet	85 points
2	Highgate Harriers	73 points
3	Woodford Green & EL	55 points
4	Enfield & Haringey	42 points
5	Vale of Aylesbury	17 points

Women

Awaiting results

League positions after match 3

Men

1	Shaftesbury Barnet	13½ (337 points)
2	Highgate Harriers	12 (239 points)
3	Enfield & Haringey	9½ (200 points)
4	Woodford Green & EL	7½ (180 points)
5	Vale of aylesbury	3 (88 points)

Women

Awaiting results

July 2007

1st July - National Junior League South Thames Division

Havering

Team result

1	Basildon AC	524½
2	Havering Mayesbrook AC	518
3	Bedford & County	479
4	City of Norwich	425
5	Ipswich Harriers	279½
6	London Heathside & Highgate Harriers	129
7	Colchester & Tendring AC	71

Full Results

14th July - Southern Mens League

Division 1 - Kingston

1	Exeter	153 points
2	Thames Valley Harriers	120 points
3	Herts Phoenix	114½ points
4	Highgate Harriers	105½ points

August 2007

4th August - Southern Mens League

Division 1 - Braunton

1	Tonbridge	127½ points
2	North Devon AC	116½ points
3	Highgate Harriers	116 points
4	Serpentine	104 points
5	Windsor, Slough & Eton	53 points

Final League position: 7th from 25 clubs

11th August - London Inter-Club Challenge New River Stadium

Men		Women			
1	Highgate Harriers	110 points	1	Enfield & Haringey	82 points
2	Enfield & Haringey	110 points	2	Shaftesbury Barnet	40 points
3	Shaftesbury Barnet	90 points	3	Woodford Green & EL	10 points
4	Woodford Green & EL	54 points	4	Highgate Harriers	9 points

Final League positions after match 4

Men		Women			
1	Shaftesbury Barnet	16½ points	1	Enfield & Haringey	18 points
2	Highgate Harriers	16 points	2	Shaftesbury Barnet	16 points
3	Enfield & Haringey	14 points	3	Woodford Green & EL	14 points
4	Woodford Green & EL	9½ points	4	Highgate Harriers	7 points
5	Vale of Aylesbury	3 points	5	Vale of Aylesbury	4 points

September 2007

9th September - Middlesex 10K Championships Victoria Park

Finish position

Middx position

4	Henry Dodwell	31:45	2nd
8	Genn Saqui	32:35	6th
14	Chris Beecham	33:23	10th
15	Chris Chapman	33:32	
20	Peter Downie	34:20	12th
39	Svenja Abel	35:55	1st woman
50	Jack Matthewman	36:47	32nd
52	Joseph Lowe	37:00	33rd
68	Anne Curley	38:21	3rd woman
78	José Barretta	38:52	
84	John O'Shea	39:05	50th
163	Annabelle Lovejoy	45:48	13th woman

306 finishers

Team positions (3 to score)

MEN

1st	Highgate Harriers	18 points
2nd	Serpentine	31 points
3rd	Victoria Park & Tower Hamlets	38 points

WOMEN

1st	London Heathside	12 points
2nd	Highgate Harriers	17 points
3rd	Serpentine	27 points

15th September - St Albans Cross Country relays

Women (4 x 2.5 miles)

Leg 1	Sula Young	16m 18s (fastest time of day)
Leg 2	Kate Jenrick	17m 38s
Leg 3	Astrid Wingler	17m 36s
Leg 4	Anne Curley	17m 24s (4th fastest time of day)

Team positions

1st	Highgate Harriers	66mins 56s
2nd	Garden City Runners	70mins 14s
3rd	Barnet & District	73mins 09s

Men (6 x 2.5 miles)

'A' team

'B' team

Leg 1	Chris Chapman	14m 58s	Nick Stockman	18m 50s
Leg 2	Henry Dodwell	14m 24s	Steve Scruton	17m 46s
Leg 3	Chris Bailey	16m 32s	Chris Chapman	15m 32s
Leg 4	Andrew Aitken	16m 30s	Henry Dodwell	14m 37s
Leg 5	Nick Gold	15m 28s	Dan Gay	15m 49s
Leg 6	Damian Shirley	15m 29s	Andrew Aitken	16m 55s

Team positions

1st	Bedford & County	87mins 50s
2nd	Shaftesbury Barnet	88mins 17s
3rd	Harrow AC	89mins 41s
8th	Highgate Harriers 'A'	93mins 21s
14th	Highgate Harriers 'B'	99mins 29s

**29th September - South of England Road Relays
Aldershot**

Men

Leg 1	Henry Dodwell	18:57 (18th)
Leg 2	Saningo Martyn	19:27 (12th)
Leg 3	Duncan Burbidge	21:22 (29th)
Leg 4	Jonathan Henderson	20:01 (25th)
Leg 5	Chris Beecham	19:43 (19th)
Leg 6	Andrew Aitken	21:32 (21st)

Team positions

1st	Belgrave Harriers	1h 49m 39s
2nd	Newham & Essex Beagles	1h 50m 44s
3rd	Bedford & County AC	1h 51m 47s

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21st Highgate Harriers 2h 01m 02s

70 complete teams finished

October 2007

**6th October - Ealing Cross Country relays
Horsenden Hill**

Women

Leg 1	Kate Jenrick (1st)	14m 22s
Leg 2	Anne Curley (1st)	14m 47s
Leg 3	Astrid Wingler (1st)	15m 22s

Team positions

1st	Highgate Harriers	44mins 31s
2nd	Ealing, Southall & Middlesex	
3rd	Reading AC	

Men

Leg 1	Nigel Stephens (14th)	15m 42s
Leg 2	Damian Shirley (10th)	13m 12s
Leg 3	José Barretta (11th)	15m 19s
Leg 4	Nick Stockman (12th)	16m 00s
Leg 5	John O'Shea (10th)	14m 29s
Leg 6	Andrew Aitken (10th)	13m 41s

Team positions

1st	Harrow AC	77mins 08s
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10th	Highgate Harriers	88mins 23s

**13th October - Metropolitan Cross Country League
Ruislip**

Under 17 women

Senior Men

4th	Samara Williams (2nd U15)	15m 58s	5th	Henry Dodwell	27m 35s
	<i>49 finishers</i>		9th	Glen Saqui	27m 48s
	Under 13 boys		13th	Saningo Martyn	28m 04s
34th	Phoenix Love	13m 40s	28th	Chris Chapman	29m 18s
	<i>37 finishers</i>		57th	Andrew Aitken	30m 45s
	Under 17 men		63rd	Patrick Thomas	31m 00s
18th	William Laing	14m 29s	73rd	Damian Shirley	31m 13s
19th	Hamish Birrell	14m 34s	77th	Ed Green	31m 20s
52nd	George Laing	15m 54s	80th	Lawrence Matthewman	31m 23s
	<i>67 finishers</i>		89th	Jonathan Deane	31m 46s
	Senior Women		110th	Thierry Lebreton	32m 42s
2nd	Esther Evans	22m 07s	116th	Tim Gascoigne	32m 58s
3rd	Kate Jenrick (1st Vet)	22m 37s	125th	John O'Shea	33m 19s
4th	Anna McCutcheon (2nd Vet)	22m 41s	132nd	Keven Linehan	33m 46s
10th	Anne Curley	23m 39s	145th	John Rainbow	34m 19s
30th	Astrid Wingler	24m 54s	146th	Nigel Stephens	34m 20s
43rd	Alex Goodwin	25m 53s	158th	Steve Scruton	35m 13s
	<i>97 finishers</i>		183rd	Keith Wilson	36m 11s
	Match Position 1st		189th	Richard Solomans	36m 24s
	League table after race 1 (top 3 of 23)			<i>286 finishers</i>	
1st	Highgate Harriers	492 points		Match Position 3rd	
2nd	Garden City Runners	472 points		League table after race 1 (top 3 in Division 1)	
3rd	Woodford Green & EL	431 points	1st	Woodford Green & EL	1656 points
			2nd	Serpentine RC	1567 points
			3rd	Highgate Harriers	1496 points

20th October - National 6 stage Relay Championships Sutton Park, Birmingham

Men

Leg 1 - Glen Saqui	18:03 (34th)
Leg 2 - Saningo Martyn	19:17 (45th)
Leg 3 - Johnny Henderson	19:47 (50th)
Leg 4 - Henry Dodwell	18:32 (42nd)
Leg 5 - Chris Chapman	19:10 (37th)
Leg 6 - Ryan McKinley	18:28 (31st)

Team positions

1st	Belgrave Harriers	1hr 44m 30s
2nd	Leeds City AC	1hr 45m 20s
3rd	Newham & Essex Beagles	1hr 45m 55s

31st Highgate Harriers **1hr 53m 17s**

79 teams finished

[Full results](#)

27th October - Liddiard Cross Country Trophy Kingsbury

Men

4th	Chris Beecham	26:29
18th	Ed Green	27:59
26th	Damian Shirley	28:49
27th	Chris Bailey	29:04
31st	John O'Shea	29:30
43rd	José Barretta	31:24

November 2007**3rd November - North London Cross Country Championships
Horsenden Hill****Senior Women**

1st	Esther Evans	23:00
2nd	Kate Jenrick (1st vet)	23:44
3rd	Anne Curley (2nd vet)	24:02
22nd	Sarah Chapman	30:54

*31 finishers***Team Positions (4 to score)**

1st	Highgate Harriers	28 points
2nd	Serpentine 'A'	38 points
3rd	Serpentine 'B'	61 points

Senior Men

7th	Alistair Lindsay	32:49
13th	Andrew Aitken	33:18
18th	Ed Green	33:43
34th	Thierry Lebreton	35:42
35th	John O'Shea	35:45
38th	Chris Bailey	36:01
58th	José Barretta	38:21
74th	Nick Stockman	41:26

*90 finishers***Team Positions (6 to score)**

1st	Serpentine	81 points
2nd	Ealing, Southall & Middlesex	108 points
3rd	London Heathside	113 points
4th	Highgate Harriers	145 points

[Full Results](#)**10th November - Metropolitan Cross Country League
Woodford Green****Under 17 women**

3rd	Samara Williams (1st U15)	16m 43s
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45 finishers

Senior Women

5th	Kate Jenrick (1st Vet)	22m 17s
8th	Anna McCutcheon (2nd Vet)	22m 43s
11th	Anne Curley	23m 14s
22nd	Jo Carritt	23m 48s
30th	Astrid Wingler	24m 36s
42nd	Alex Goodwin	25m 38s
52nd	Jenny Turner	26m 19s
64th	Fiona Maguire	27m 04s
72nd	Sarah Schwiersch	28m 02s
94th	Natasha Cendrowicz	30m 19s
95th	Niona Sorensen	30m 26s
98th	Sarah Chapman	30m 46s

*115 finishers***Match Position 3rd****League table after race 2 (top 3 of 23)**

1st	Woodford Green & EL	1080 points
2nd	Highgate Harriers	1070 points
3rd	Garden City Runners	1065 points

Under 13 boys

29th	Phoenix Love	13m 25s
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37 finishers

Under 17 men

19th	William Laing	15m 27s
38th	George Laing	16m 38s

57 finishers

Senior Men

5th	Henry Dodwell	25m 39s
8th	Glen Saqui	26m 04s
88th	Thierry Lebreton	29m 38s
113th	Jonathan Deane	30m 37s
119th	Joseph Lowe	31m 02s
126th	John O'Shea	31m 07s
139th	Tim Gascoigne	31m 45s
153rd	Keven Linehan	32m 19s
165th	Nigel Stephens	32m 51s
233rd	Nick Stockman	36m 20s

*279 finishers***Match Position 10th****League table after race 2 (top 6 in Division 1)**

1st	Woodford Green & EL	3355 points
2nd	Shaftesbury Barnet	3265 points
3rd	Serpentine RC	2930 points
4th	Hillingdon	2645 points
5th	Metropolitan Police	2438 points
6th	Highgate Harriers	2338 points

**17th November - North of the Thames Championships
Kingsbury**

Senior Men (8000m)

1st	Saningo Martyn	25:26
23rd	Damian Shirley	27:33
26th	Lawrence Matthewman	27:50
31st	Chris Bailey	28:10
32nd	Thierry Lebreton	28:11
52nd	Nigel Stephens	31:12

89 finishers

Team Positions (6 to score)

1st	Hillingdon	83 points
2nd	Ealing, Southall & Middlesex	86 points
3rd	Serpentine	132 points
4th	Highgate Harriers	160 points

[Full Results](#)

**24th November - Metropolitan Cross Country League
Wormwood Scrubs**

Under 17 women

4th	Samara Williams (1st U15)	16m 25s
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45 finishers

Under 17 men

16th	William Laing	14m 56s
26th	Hammish Birrell	15m 16s
50th	George Laing	16m 25s

64 finishers

Senior Women

1st	Esther Evans	21m 28s
8th	Kate Jenrick (1st Vet)	22m 23s
18th	Alexia Trafford (Guest)	22m 56s
19th	Jo Carritt	23m 23s
20th	Astrid Wingler	23m 15s
37th	Alex Goodwin	24m 09s
53rd	Emily Murray	25m 09s
90th	Natasha Cendrowicz	27m 56s
97th	Niona Sorensen	28m 28s

122 finishers

Match Position 2nd

League table after race 3 (top 3 of 31)

1st	Garden City Runners	1683 points
2nd	Highgate Harriers	1657 points
3rd	Woodford Green & EL	1448 points

Senior Men

3rd	Henry Dodwell	27m 36s
20th	Saningo Martyn	29m 07s
25th	Jon Henderson	29m 22s
31st	Alistair Lindsay	29m 39s
34th	Chris Chapman	29m 43s
52nd	Dale Bickham	30m 15s
91st	Chris Bailey	31m 44s
95th	Lawrence Matthewman	31m 55s
99th	Jonathan Gardner	32m 02s
102nd	Thierry Lebreton	32m 12s
109th	Joseph Lowe	32m 27s
122nd	Richard Stewart	32m 47s
124th	Jonathan Deane	32m 55s
134th	John O'Shea	33m 22s
160th	Steve Scruton	34m 39s
163rd	Nigel Stephens	34m 45s
172nd	José Barretta	35m 01s
234th	Nick Stockman	37m 26s

284 finishers

Match Position 10th

League table after race 3 (top 6 in Division 1)

1st	Shaftesbury Barnet	4975 points
2nd	Woodford Green & EL	4735 points
3rd	Serpentine RC	4143 points
4th	Hillingdon	3756 points
5th	Metropolitan Police	3690 points
6th	Highgate Harriers	3628 points

December 2007

**1st December - Fraternity Cup / Sorority Cup
Trent Park**

**Fraternity Cup
Men**

1st	Henry Dodwell	26mins 11s
9th	Alistair Lindsay	28mins 14s
25th	Thierry Lebreton	30mins 25s
32nd	Richard Stewart	31mins 12s
39th	Tim Gascoigne	32mins 21s
64th	Nick Stockman	35mins 53s

Team positions (top 5 of 9)

1st	Enfield & Haringey	73 points
2nd	Barnet & District	84 points
3rd	Shaftesbury Barnet	130 points
4th	Hillingdon AC	158 points
5th	Highgate Harriers	170 points

**Sorority Cup
Women**

1st	Esther Evans	30mins 26s
3rd	Anna McCutcheon	32mins 17s
11th	Jenny Turner	36mins 09s
20th	Natasha Cendrowicz	41mins 16s

Team positions

1st	Barnet & District	24 points
2nd	Highgate Harriers	35 points
3rd	Trent Park	71 points

[Full Results](#)

**8th December - London Cross Country Championships
(incorporating the Southern Inter-County Championships)
Parliament Hill Fields**

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