

January 2010

23rd January - Middlesex Cross Country Champs Ruislip

Under 13 boys (3000m)

20	Gabriel Springer	13:04
23	Peter Laing	13:07

35 finishers

Under 13 girls (3000m)

22	Helena Roberts	14:57
34	Lulu Szego	16:30

39 finishers

Under 15 girls (4000m)

15	Edith Ault	18:41
19	Hannah Viner	19:02
29	Kirsten Sorbie	20:35

32 finishers

Team position 6th

Senior Women (8000m)

1	Esther Evans	32:44
7	Katie Meredith	35:04
14	Astrid Wingle	37:55
15	Alex Goodwin	38:18
19	Natasha Cendrowicz	38:34
26	Sonja Saqui	40:06

42 finishers

Senior women team positions

1st	Highgate Harriers	37 points
2nd	London Heathside	44 points
3rd	Serpentine	82 points

Under 15 boys (4000m)

9	Stanley Harrison	14:28
15	Pierce Boyle	15:31
22	Callum Falck	16:02
29	Eugene Potter	17:27

35 finishers

Team position 5th

Under 17 men (6000m)

21	George Laing	25:09
----	--------------	-------

27 finishers

Under 20 men (8000m)

16	William Laing	36:33
----	---------------	-------

19 finishers

Senior Men (12000m)

4	Dale Bickham (non-scorer)	43:40
6	Duncan Burbidge	43:49
13	Jon Deane	44:46
14	Stephen Whiting	44:50
23	Alex Davidson	46:25

26	Martin Hoeven	46:57
29	Chris Bailey	47:23
67	Jon Gardner	52:51
68	Nick Stockman	53:08
72	Peter Downie	54:00
73	Steve Scruton	54:08

107 finishers

Senior men team positions

1st	Highgate Harriers	111 points
2nd	London Heathside	114 points
3rd	Harrow	126 points

Full Middlesex 2010 results

**30th January - South of England Cross Country Championships
Parliament Hill Fields**

Under 13 Girls

203	Daniella Simpson	17m 14s
211	Hellena Roberts	18m 28s

219 finishers

Under 13 boys

142	Peter Laing	14m 02s
159	Gabriel Springer	14m 20s
197	Harry James	15m 21s
202	Conrad Litchfield	15m 37s

212 finishers

33rd of 34 teams

Under 15 Girls

158	Hannah Viner	19m 32s
165	Edith Ault	19m 52s
174	Joni Kelly	20m 42s

191 finishers

Under 15 Boys

102	Stanley Harrison	18m 07s
188	William Fitter	19m 33s
200	Eugene Potter	19m 55s

228 finishers

Under 20 Men

91	William Laing	35m 13s
----	---------------	---------

100 finishers

Senior Women

11	Svenja Abel	32m 25s
16	Esther Evans	32m 46s
44	Katie Meredith	34m 59s
69	Sarah Bailey	36m 04s
77	Astrid Wingle	36m 33s
79	Rhian Hampson-Jones	36m 36s
104	Jenny Turner	37m 41s
126	Natasha Cendrowicz	38m 15s
191	Sonja Saqui	40m 44s
212	Fiona Maguire	41m 20s

357 finishers

Team positions

1st	Woodford Green & EL	78 points
2nd	Aldershot, Farnham & District	103 points
3rd	Winchester & District AC	137 points
4th	Highgate Harriers	140 points

55 teams finished

Senior Men

23	David Bruce	53m 53s
34	Henry Dodwell	54m 48s
62	Ryan McKinlay	56m 56s
64	Sean Dixon	57m 02s
118	Dale Bickham	59m 18s
128	Duncan Burbidge	59m 35s
135	Stephen Whiting	59m 41s
138	Chris Panayiotou	59m 48s
148	Jon Deane	60m 05s
173	Nick Gold	61m 15s
185	Chris Beecham	61m 27s
190	Guillaume Cribier	61m 34s
194	Stephen Thompson	61m 47s
228	Alex Davidson	62m 50s
243	Rob Walker	63m 19s
248	Maarten Hoeven	63m 37s
287	Chris Bailey	64m 44s
306	Richard Stewart	65m 06s
362	Andrew Aitken	66m 39s
371	John O'Shea	66m 54s
443	Kevin Linehan	69m 50s
455	Nick Stockman	70m 21s
546	Jon Gardner	73m 35s
549	Steven Scruton	73m 41s
567	Richard Solomans	74m 39s
655	Thierry Lebreton	79m 28s
670	Keith Wilson	80m 25s

806 finishers

Team positions

1st	Bedford & County	100 points
2nd	Aldershot, Farnham & District AC	185 points
3rd	Woodford Green with Essex Ladies	230 points
4th	Thames Hare & Hounds	349 points
5th	Kent AC	366 points
6th	Highgate Harriers	429 points

81 clubs finished

Full Results (taken from the [SEAA](#) website)

[Individual Results](#) [Team Results](#)

February 2010

13th February - Metropolitan Cross Country League Horsenden Hill

Senior Women

1	Svenja Abel	22m 08s
2	Esther Evans	22m 24s
3	Becky Penty	22m 28s
9	Katie Meredith	23m 32s
13	Kate Jenrick	23m 53s
17	Sarah Bailey	24m 17s
18	Astrid Wingle	24m 24s
24	Rhian Hampson-Jones	25m 23s
32	Jenny Turner	25m 42s
39	Natasha Cendrowicz	26m 05s
43	Louise Faherty	26m 14s

54	Rhonda Munnick	26m 45s
55	L Croxson	27m 00s
60	Sonia Saqui	27m 25s
75	Sarah Chapman	29m 49s
77	S Duerden	30m 10s

101 finishers

Match Position 1st

Final League table after race 5 (top 3 of 30)

1st	Woodford Green & EL	2691 points
2nd	Highgate Harriers	2633 points
3rd	Serpentine RC	2352 points

Senior Men

10	Henry Dodwell	30m 43s
15	S Dixon	31m 16s
33	P Downing	32m 13s
52	Dale Bickham	32m 59s
62	Alex Davidson	33m 43s
69	Chris Bailey	34m 08s
86	Richard Stewart	35m 03s
135	William Laing	37m 29s
136	Joseph Lowe	37m 30s

260 finishers

Match Position 6th

Final League table after race 5 (top 3 of 15)

1st	Woodford Green with EL	8394 points
2nd	Serpentine RC	8265 points
3rd	Highgate Harriers	6727 points

Full results on the [Hillingdon AC](http://www.hillingdon.ac) website

**27th February - English National Cross Country Championships
Roundhay Park, Leeds**

Under 15 Boys (4½K)

229	Stanley Harrison	16m 38s
330	Eugene Potter	17m 41s

387 finishers

Junior Men (10K)

86	Jon Laybourne	37m 44s
----	---------------	---------

204 finishers

Senior Women (8K)

23	Svenja Abel	29m 54s
56	Katie Meredith	31m 52s
104	Rhian Hampson-Jones	33m 20s
211	Natasha Cendrowicz	36m 12s

543 finishers

Team position (4 to score) 13th from 61 teams

Senior Men (12K)

37	David Bruce	40m 38s
102	Henry Dodwell	42m 40s
174	Shaun Dixon	44m 01s
189	Dale Bickham	44m 16s
207	Peter Downie	44m 36s
431	Rob Walker	47m 57s
620	John O'Shea	50m 34s
854	Nick Stockman	53m 45s
859	Steve Scruton	53m 53s
887	Jon Gardner	54m 24s

1428 finishers

Team position (6 to score) 19th from 107 teams

[Full results on the ECCA website](#)

March 2010

31st March - Highgate Harriers/City of London Open Meeting
Parliament Hill

[Full Results](#)

April 2010

24th April - London Inter-Club Challenge
Cophall

Men

1	Achilles	273½ points
2	Shaftesbury Barnet	166½ points
3	Enfield & Haringey	126 points
4	Highgate Harriers	78 points
5	Woodford Green with Essex Ladies	67 points
6	London Heathside	25 points

Women

1	Achilles	149 points
2	Shaftesbury Barnet	108 points
3	Woodford Green with Essex Ladies	78 points
4	Enfield & Haringey	69 points
5	London Heathside	22 points

24th April - Southern Womens League

Division 3 - Thurrock

1	Brighton & Hove City AC	74 points
2	Highgate Harriers	67 points
3	Vale of Aylesbury	63 points
4	Hillingdon	55 points

May 2010

1st May - Southern Mens League

Division 1 - Newham

1	Highgate Harriers	133½ points
2	Ipswich	107½ points
3	Newham & Essex Beagles	106 points
4	North Devon	94 points
5	Ilford AC	85 points

8th/9th May- Middlesex County Track & Field Championships
Cophall (day 1) / Perivale (day2)

Full results on the [Middlesex County AA](#) web site

15th May - Southern Mens League

Division 1 - Lewes

1	Reading	134 points
2	Brighton & Hove	120 points
3	Highgate Harriers	117 points
4	Hercules & Wimbledon	84 points
5	Worthing AC	61 points

22nd May - Southern Womens League

Division 3 - Bracknell

1	Thurrock Harriers	92 points
2	Bracknell AC	75 points
3	Dorking, Mole Valley AC	46 points
4	Highgate Harriers	45 points
5	Orion Harriers	43 points

League position after match 2

13th of 19 clubs

June 2010

5th June - Southern Mens League

Division 1 - Milton Keynes

1	Highgate Harriers	132 points
2	Milton Keynes	128 points
3	Ashford	92 points
4	Enfield & Harringey	91 points
5	Harrow	79 points

League position after match 3

4th from 24 clubs

19th June - London Inter-Club Challenge Woodford Green

Men

1	Shaftesbury Barnet	187 points
2	Achilles	156 points
3	Woodford Green with Essex Ladies	138 points
4	Enfield & Haringey	43 points
5	Highgate Harriers	34 points
6	London Heathside	24 points

Women

1	Woodford Green with Essex Ladies	131 points
2	Achilles	112 points
3	Shaftesbury Barnet	70 points
4	Enfield & Haringey	42 points
5	Highgate Harriers	21 points

26th June - Southern Mens League

Division 1 - Luton

1	Luton	144 points
2	Highgate Harriers	133 points
3	Bexley	117 points
4	Woodford Green & Essex Ladies	76 points

League position after match 4
4th from 24 clubs

July 2010

10th July - Southern Mens League

Division 1 - Parliament Hill

1	Highgate Harriers	135½ points
2	Thurrock	110½ points
3	Tonbridge	109½ points
4	Portsmouth	101 points
5	Newbury	79½ points

League position after match 5
3rd of 24 clubs

[Full Results](#)

17th July - London Inter-Club Challenge Lee Valley

Men

1	Shaftesbury Barnet	212 points
2	Achilles	158 points
3	Highgate Harriers	106 points
4	Enfield & Haringey	100 points
5	Woodford Green with Essex Ladies	86 points
6	London Heathside	48 points

Women

1	Enfield & Haringey	114 points
2	Woodford Green with Essex Ladies	81 points
3	Achilles	78 points
4	London Heathside	38 points
5	Shaftesbury Barnet	35 points
6	Highgate Harriers	23 points

31st July - Southern Mens League

Division 1 - Peterborough

1	Nene Valley	141 points
2	City of Norwich	119 points
3	Highgate Harriers	111 points
4	Metropolitan Police	109 points
5	Thames Valley Harriers	46 points

Final league positions after match 6 (Top 5 of 24)

1	Nene Valley	30 (840½ league points)
2	Reading	29 (778 league points)
3	Highgate Harriers	25 (762 league points)
4	Brighton & Hove	25 (734 league points)

August 2010

7th August - Southern Womens League

Division 3 - Parliament Hill

1	London Heathside	81 points
2	Woking	85½ points
3	Highgate Harriers	73 points
4	Andover	60½ points
5	Southend	0 points

[Full results from Parliament Hill](#)

14th August - London Inter-Club Challenge Parliament Hill

Men

1	Shaftesbury Barnet	138 points
2	Highgate Harriers	111½ points
3	London Heathside	73½ points
4	Enfield & Haringey	73 points
5	Woodford Green with Essex Ladies	52 points
6	Achilles	31 points

Final League Table

1	Shaftesbury Barnet	23 points
2	Achilles	17 points
3	Highgate Harriers	14 points
4	Enfield & Haringey	13 points
5	Woodford Green with Essex Ladies	10 points
6	London Heathside	7 points

Women

1	Shaftesbury Barnet	72 points
2	Highgate Harriers	24 points
3	Achilles	11 points

Final League Table

1	Achilles	19 points
2	Shaftesbury Barnet	17 points
3	Woodford Green with Essex Ladies	15 points
4	Enfield & Haringey	12 points
5	Highgate Harriers	8 points
6	London Heathside	5 points

September 2010

15th September - Highgate Harriers/City of London Open Meeting Parliament Hill

[Full Results](#)

18th September - St Albans Cross Country relays

Men 'A' Team

Leg 1	Henry Dodwell	13m 32s
Leg 2	Ben Pochee	13m 21s
Leg 3	Ben Noad	13m 17s
Leg 4	Richard Scott	14m 10s
Leg 5	Glenn Saqui	14m 04s
Leg 6	Ryan McKinley	13m 13s

Mixed 'B' Team

Leg 1	Ed Jackson	13m 35s
Leg 2	Duncan Burbidge	14m 29s
Leg 3	Alex Davidson	15m 10s
Leg 4	Becky Penty	14m 59s
Leg 5	Nick Stockman	16m 51s
Leg 6	John O'Shea	16m 07s

Team positions

1st	Highgate Harriers 'A'	81mins 37s
2nd	Bedford & County AC 'A'	85mins 19s
3rd	Hillingdon AC 'A'	85mins 55s
4th	London Heathside 'A'	90mins 59s
5th	Highgate Harriers 'B'	91mins 11s

20 teams finished

26th September - South of England Road Relays Aldershot



Senior Men

Leg 1	Nick Gold	18:55 (18th)
Leg 2	Ben Noad	18:20 (4th)
Leg 3	Ben Pochee	18:53 (5th)
Leg 4	Henry Dodwell	18:59(6th)
Leg 5	Glenn Saqui	18:56 (5th)
Leg 6	Ryan McKinlay	18:49 (5th)

Senior Men - Incomplete 'B' team

Leg 1	Dale Bickham	20:06 (47th)
Leg 2	Andrew Aitken	20:44 (40th)

Team positions

1st	Aldershot, Farnham & District	1h 49m 21s
2nd	Belgrave Harriers	1h 50m 26s
3rd	Newham & Essex Beagles	1h 51m 07s
4th	Shaftesbury Barnet Harriers	1h 52m 10s

5th Highgate Harriers 1h 52m 52s

62 complete teams finished

Veteran Men (M40)

Leg 1	Chris Bailey	22:04 (24th)
Leg 2	Chris Beecham	20:22 (11th)
Leg 3	Alex Davidson	21:09 (7th)
Leg 4	John O'Shea	22:18 (9th)

Team positions

1st	Thames Hare & Hounds	1h 19m 45s
2nd	Oxford City AC	1h 20m 19s
3rd	Kent AC	1h 23m 48s

.....

9th Highgate Harriers 1h 25m 53s

31 complete teams finished

[Full Results](#)

October 2010

2nd October - Ealing Cross Country relays Horsenden Hill

Women

'A' Team

Leg 1	Kate Meredith	14m 26s
Leg 2	Anna McCutcheon	14m 58s
Leg 3	Becky Penty	13m 24s

'B' Team

Leg 1	Louise Faherty	15m 30s
Leg 2	Rhonda Munnick	15m 35s
Leg 3	Natasha Cendrowicz	17m 24s

'C' Team

Leg 1	Lindsey Kehoe	15m 23s
Leg 2	Sarah Chapman	19m 16s
Leg 3	Louise Faherty	16m 06s

Fastest Times

1st	Becky Penty (Highgate Harriers)	13mins 24s
2nd	Kate Meredith (Highgate Harriers)	14mins 26s
3rd	Julia Henderson (Reading)	14mins 52s

Team Positions

1st	Highgate Harriers 'A'	42mins 48s
2nd	Reading AC	45mins 40s
3rd	Ealing, Southall & Middlesex	46mins 38s

12 teams finished

Men

Leg 1	Alex Davidson	13m 29s
Leg 2	Andrew Aitken	13m 25s
Leg 3	Chris Bailey	14m 00s
Leg 4	Richard Scott	12m 43s
Leg 5	John O'Shea	14m 18s
Leg 6	Nick Stockman	15m 02s

Team Positions

1st	Harrow AC	79mins 03s
2nd	Reading AC	80mins 21s
3rd	London Heathside	81mins 05s
4th	Highgate Harriers	82mins 57s

15 teams finished

9th October - Metropolitan Cross Country League Claybury, Woodford Green

Under 13 boys

6th	Terry Fawden	12m 04s
-----	--------------	---------

28 finishers

Under 17 men

40th	Gabriel Springer (U15)	17m 25s
------	------------------------	---------

55 finishers

Senior Women

1st	Becky Penty	21m 01s
7th	Esther Evans (1st V35)	22m 27s
14th	Kate Meredith	23m 22s
24th	Gaelle Lebray	24m 32s
30th	Louise Faherty	24m 43s
41st	Lindsay Kehoe	25m 27s
70th	Natasha Cendrowicz	27m 24s

145 finishers

Match Position 2nd

League table after race 1 (Division 1 - top 3)

1st	Serpentine	415 points
2nd	Highgate Harriers	393 points
3rd	Woodford Green & EL	352 points

Senior Men

5th	Henry Dodwell	26m 08s
19th	Glenn Saqui	26m 37s
21st	Sean Dixon	26m 43s
31st	Richard Scott	27m 38s
36th	Chris Panayiotou	27m 51s
53rd	Jonathan Deane	28m 32s
67th	Andrew Aitken	29m 14s
77th	Chris Bailey	29m 46s
138th	Rob Walker	31m 38s
160th	Joseph Lowe	32m 30s
164th	Nick Stockman	32m 35s
282nd	Steve Scruton	37m 44s

338 finishers

Match Position 4th

League table after race 1 (Division 1 - top 4)

1st	Serpentine RC	1685 points
2nd	Woodford Green & EL	1651 points
3rd	Shaftesbury Barnet	1528 points
4th	Highgate Harriers	1240 points

[Full Results](#)

16th October - National 6 stage Relay Championships Sutton Park, Birmingham

Men

Leg 1	David Bruce	18:10 (28th)
Leg 2	Ben Noad	18:18 (33rd)
Leg 3	Dale Bickham	18:30 (26th)
Leg 4	Henry Dodwell	18:31 (27th)
Leg 5	Glenn Saqui	18:17 (19th)
Leg 6	Ryan McKinlay	18:21 (21st)

Team positions

1st	Bedford & County AC	1hr 45m 42s
2nd	Shettleston Harriers	1hr 46m 16s
3rd	Tipton Harriers	1hr 46m 19s

21st Highgate Harriers 1hr 50m 07s

79 teams finished

[Full results](#)

23rd October - Liddiard Cross Country Trophy Kingsbury

Women

3rd	Tessa Hill	17:36
6th	Rhonda Munnick	18:49
10th	Alexia Trafford	19:24
12th	Natasha Cendrowicz	26:46

Team Result

1st Highgate Harriers

Men

3rd	Shaun Dixon	25:08
4th	Henry Dodwell	25:10
17th	Jon Deane	27:08
19th	Nick Gold	27:22
21st	Alex Davidson	27:42
24th	Chris Bailey	28:13
46th	Nick Stockman	31:21
50th	Kevin Linehan	31:27
73rd	Steve Scruton	34:26

114 finishers

Team Result

1st	Thames Valley Harriers	178 points
2nd	Highgate Harriers	181 points
3rd	Hillingdon AC	225 points

30th October - North London Cross Country Championships Trent Park

Senior Women (6000m)

2nd	Tessa Hill	24:41
7th	Louise Faherty (1st V35)	

51 finishers

Senior Men (5 miles)

1st	Henry Dodwell	26:01
2nd	Shaun Dixon	26:07
5th	Ryan McKinlay	26:51
11th	Chris Beecham	27:51
13th	Chris Panayiotu	28:16
16th	Alan Davidson	28:31
24th	Stephen Whiting	29:16

26th	Chris Bailey	29:19
56th	Rob Walker	31:21
62nd	Nick Stockman	31:50

130 finishers

Team Positions (6 to score)

1st	Highgate Harriers	48 points
2nd	London Heathside	130 points
3rd	Serpentine RC	212 points

17 teams finished

November 2010

5th November - English Cross Country relays Mansfield

Men 'A' team

Leg 1	Shaun Dixon (34th)	15m 59s
Leg 2	Ryan McKinlay (29th)	16m 07s
Leg 3	Henry Dodwell (25th)	16m 14s
Leg 4	David Bruce (17th)	15m 38s

Men 'B' team

Leg 1	Danny Russell (48th)	16m 34s
Leg 2	Ben Pochee (36th)	16m 09s
Leg 3	Glenn Saqui (30th)	16m 03s
Leg 4	Richard Scott (29th)	16m 54s

Team Positions

1st	Bedford & County AC	60m 58s
2nd	Blackheath & Bromley Harriers	61m 39s
3rd	Notts AC	61m 44s

.....

17th	Highgate Harriers 'A'	64m 00s
29th	Highgate Harriers 'B'	65m 41s

140 teams finished

Full results on the [English Cross Country](#) website

13th November - Metropolitan Cross Country League (Race 2) Trent Park

Under 13 Boys

5th	George Gold	12m 13s
6th	Terry Fawden	12m 15s

26 finishers

Under 13 girls

8th	Marjolaine Briscoe	14m 05s
-----	--------------------	---------

31 finishers

Under 17 men

46th	Gabriel Springer (U15)	17m 29s
------	------------------------	---------

58 finishers

Senior Women

1st	Becky Penty	22m 18s
30th	Sarah Bailey	26m 32s
34th	Lindsay Kehoe	26m 46s
35th	Rhonda Munnick	26m 50s
37th	Louise Faherty	26m 57s
42nd	Astrid Winger	27m 12s
60th	Becky Long	28m 30s

70th Natasha Cendrowicz 29m 07s

147 finishers

Match Position 3rd

League table after race 2

(Division 1 - top 4)

1st	Serpentine	842 points
2nd	Highgate Harriers	727 points
3rd	Shaftesbury Barnet Harriers	670 points
4th	Woodford Green with EL	643 points

Senior Men

14th	Henry Dodwell	26m 46s
54th	Jonathan Deane	28m 57s
62nd	Chris Panayiotou	29m 13s
68th	Chris Beecham	29m 21s
69th	Ben Pochee	29m 27s
70th	Stephen Whiting	29m 31s
73rd	Glenn Saqui	29m 33s
80th	Nick Gold	29m 51s
81st	Alex Davidson	29m 52s
90th	Chris Bailey	30m 12s
113th	Dale Bickham	30m 48s
125th	Brahma Pochee	31m 25s
136th	Andrew Lennard	31m 43s
196th	Nick Stockman	33m 26s
206th	Kevin Linehan	33m 44s
234th	Joseph Lowe	34m 38s
300th	Steve Scruton	37m 28s

375 finishers

Match Position 4th

League table after race 2

(Division 1 - top 4)

1st	Woodford Green with EL	3240 points
2nd	Shaftesbury Barnet	3142 points
3rd	Serpentine RC	3107 points
4th	Highgate Harriers	2445 points

[Full Results](#)

**20th November - London Cross Country Championships and Youth Games
Parliament Hill Fields**

London Youth Games

Under 13 boys

6th	Alexander Machin-Paley	6:08
19th	Terry Fawden	6:31

144 finishers

Under 15 boys

7th	Stanley Harrison	10:07
-----	------------------	-------

110 finishers

Under 17 girls

28th	Francesca Simpson	13:07
29th	Amy-Jane Cotter	13:11

73 finishers

London Cross Country Championships

Women

1st	Becky Penty	20:38
-----	-------------	-------

6th	Tessa Hill	22:13
20th	Sarah Bailey	24:07
22nd	Lindsay Kehoe	24:14
35th	Astrid Wingler	25:05
40th	Becky Long	25:28
47th	Natasha Cendrowicz	25:48
58th	Alex Goodwin	26:29
72nd	Fiona Maguire	27:14

118 finished

Team Positions

1st	Serpentine RC	11 points
2nd	Highgate Harriers	22 points

22 clubs

Men

5th	Shaun Dixon	32:56
8th	Henry Dodwell	33:13
12th	Ryan McKinlay	34:07
15th	Danny Russell	34:27
17th	Glenn Saqui	34:29
20th	Richard Scott	34:51
24th	Chris Beecham	35:05
34th	Nick Gold	35:49
36th	Jonathan Deane	35:52
39th	Stephen Whiting	36:01
56th	Dale Bickham	37:15

216 finishers

Team Positions

1st	Highgate Harriers 'A'	40 points
2nd	Serpentine RC	42 points
3rd	Herne Hill Harriers	45 points
4th	Highgate Harriers 'B'	95 points

43 clubs

December 2010

4th December - Fraternity Cup / Sorority Cup Trent Park

Fraternity Cup (5 miles)

Men

2nd	Shaun Dixon	25mins 40s
5th	Nick Gold	27mins 49s
6th	Peter Downie	27mins 53s
7th	Jon Deane	28mins 08s
15th	Andrew Aitken	29mins 37s
16th	Richard Stewart	29mins 38s
33rd	Jon Gardner	31mins 23s
36th	Kevin Linehan	31mins 55s

82 finishers

Team positions (top 3 of 9)

1st	Highgate Harriers	51 points
2nd	Ealing, Southall & Middlesex	102 points
3rd	Barnet & District AC	137 points

Sorority Cup (5 b miles)

Women

1st	Esther Evans	29mins 57s
4th	Tessa Hill	31mins 04s

7th	Sarah Bailey	32mins 52s
15th	Alexia Trafford	36mins 52s

38 finishers

Team positions (top 3 of 7)

1st	Highgate Harriers	31 points
2nd	Barnet & District AC	42 points
3rd	Hillingdon AC	59 points

**11th December - Southern Masters Cross Country Championships
Biggleswade**

Men V40

1st	Ben Pochee	32:06
8th	Chris Beecham	33:33
26th	Chris Bailey	35:36
48th	John O'Shea	39:46

73 finishers

Team Result

1st	Highgate Harriers
-----	-------------------

**18th December - Metropolitan Cross Country League
Stevenage**

RACE CANCELLED

**Highgate Harriers Boxing Day Handicap
Parliament Hill Fields**



1st	George Laing
2nd	Saningo Martyn
3rd	Stanley Harrison
4th	William Laing
5th	Peter Laing
6th	Lulu Szego
7th	Adrian Laing
8th	Deborah Laing
9th	Arnold Harrison

**Bietigheimer Silvesterlauf, Stuttgart
New Years Eve 11.22 Km**

Men

1	Sebastian Hallmann (Germany)	33:07
---	------------------------------	-------

8	Ben Noad (Highgate Harriers)	34:48
15	Ben Pochee (Highgate Harriers)	36:10

2476 finishers

Women

1	Corinna Harrer (Germany)	37:54
23	Lindsay Kehoe (Highgate Harriers)	45:26
598	Amanda Warburton (Highgate Harriers)	72:13
681	Stacia Winchester-Noad (Highgate Harriers)	79:21

701 finishers

[Full Results](#) [Race Report and photos](#)

[Back to Top](#)