

# NORTH WEST LONDON YOUNG ATHLETES CROSS COUNTRY LEAGUE

Fixture held at Berkeley Fields, Greenford 27<sup>th</sup> September 2014

## UNDER 11 BOYS

## 2000 metres

1	Theo Machin-Paley	Hig	6.34
2	L. Stubbs	SH	6.37
3	R. McGonagle	LH	6.42
4	D. Michel	SH	6.50
5	B. Rock	TVH	7.11
6	Remy Weinbrecht	Hig	7.11
7	D. Stolarski	SH	7.13
8	C. Hudson	Hrw	7.22
9	Monte Watson	Hig	7.22
10	A. Reed	LH	7.23
11	Finlay Sleeman	Hig	7.26
12	Jesse Hopkins	Hig	7.27
13	S. Greenstein	SH	7.28
14	M. Douglas	TP	7.28
15	E. Gaskin	TP	7.30
16	L. Mansell	Hrw	7.31
17	M. Schofield	Hrw	7.32
18	O. O'Connor	LH	7.34
19	K. Atkocionas	TP	7.35
20	M. Purton	Bar	7.36
21	Ezra Baddiel-Banks	Hig	7.36
22	A. Hamud	Hil	7.37
23	A. Bickerstaff	Hrw	7.37
24	Miler Harvey	Hig	7.38
25	N. Kabel	Hrw	7.40
26	M. Longoria	TVH	7.42
27	T. Berger	TP	7.46
28	Billy Briggs	Hig	7.48
29	R. Mangat	Hrw	7.51
30	Theo Pincemin	Hig	7.58
31	S. Pens	Hrw	8.04
32	Casper Hopkins	Hig	8.05
33	N. Hersi	ESM	8.06
34	R. Marrast	ESM	8.07
35	T. Edgar	ESM	8.11
36	R. Freeman	TP	8.15
37	M.Hersi	ESM	8.18
38	R.Watson	Hig	8.33
39	M. Ibrahim	ESM	8.48
40	Francisco	Hig	8.54
41	B. Halstead	TP	8.57
42	Leon Ireland	Hig	8.58
43	J. Rafhiegran	Bar	9.01
44	A.N. Other	SH	9.07

## TEAMS

Shaftesbury Bar	26
Highgate Hrs 'A'	27
Harrow AC	64
Trent Park RC	75
London Heathside	76
Highgate Hrs 'B'	85
TVH	121
Ealing, Sthl, Mdx AC	139
Highgate Hrs 'C'	140
Barnet & Dist AC	153
Hillingdon AC	157

**UNDER 13 BOYS**

		<b>3000 metres</b>	
1	K. Imroth	Dac Tr	10.13
2	J. Rowson	Enf Har	10.25
3	L. Edwards	Hrw	10.29
4	Roland Somogyi	Hig	10.34
5	F. Sturrock	TP	10.40
6	F. Shiret	SH	10.58
7	J. Heather	Enf Har	11.10
8	D. Greenstein	SH	11.11
9	C. Bochetti	TP	11.19
10	E. Fairhurst	Enf Har	11.27
11	J. Street	TP	11.29
12	Harvey Dodd	Hig	11.32
13	L. Hunt	Hrw	11.33
14	G. Acosta	TP	11.34
15	J. Lewy	Hrw	11.59
16	Oran Gallagher	Hig	12.01
17	D. Ruschkin	Bar	12.11
18	S. Kohler	SH	12.12
19	C. Morris	Hrw	12.15
20	L. Barnes	Hig	12.17
21	E. McArdle	TP	12.18
22	Conleth Gallagher	Hig	12.19
23	M. Muralitharan	Hrw	12.20
24	M. Benveniste	Dac Tr	12.21
25	T. McClunie	ESM	12.22
26	M. Woolf	TP	12.27
27	A. Gregori	Bar	12.28
28	K. Lee	Bar	12.31
29	A. Walsh	Bar	12.33
30	S. Hersi	ESM	12.49
31	J. Steel	TP	12.51
32	A. Brennan	TP	13.21
33	M. Kouwiloyan	ESM	13.24
34	W. Byrne	Hrw	13.26
35	B. Woolf	TP	13.30
36	A. Shreeharan	Hrw	13.52
37	Q. McGrath	Hrw	14.15
38	J. Morgan	SH	14.16
39	B. Borks	TP	14.18
40	E. Barnes	Hig	15.50

**Teams**

Trent Park R.C. 'A'	39
Harrow AC 'A'	50
Highgate Hrs	52
Enfield & Haringey	60
Shaftesbury Barnet	70
Barnet & District	101
Dacorum & Tring	107
Trent Park R.C. 'B'	110
Ealing, Sthl Mdx	129
Harrow AC 'B'	130

**UNDER 15 BOYS****3600 metres**

1	L. Burrell	TVH	12.07
2	J. Harper	SH	12.08
3	J. Young	TP	12.17
4	G. Kerry	ESM	12.40
5	W. McArdle	TP	12.59
6	L. Garrett	LH	13.05
7	R. Kent	SH	13.16
8	F. Fenn	Hrw	13.38
9	J. Karmoun	Hrw	13.40
10	T. Mills	TP	13.47
11	A. Weston	LH	13.53
12	A. Hamud	Hil	14.05
13	J. O'Flaherty	LH	14.13
14	W. Coutts	ESM	14.16
15	E. Njie	TVH	14.20
16	F. Fox	SH	14.32
17	Tal Pelmont	Hig	14.43
18	J. Malyon	TP	15.03
19	Y. Raffat	ESM	15.20
20	J. Hapt	TP	15.24
21	G. Cicco	Bar	17.40

**TEAMS**

Trent Park	36
Shaftesbury Barnet	47
Ealing, Sth. Mdx	59
TVH	60
Harrow	61
London Heathside	61
Hillingdon	78
Highgate	83
Barnet & Dist	87

**UNDER 17 MEN****5400 metres**

1	M. Farali	ESM	18.39
2	T. McArdle	TP	19.14
3	F. Cryan	Har	19.36
4	C. Sillett	ESM	19.44
5	J. Phillips	LH	20.14
6	R. Simmons-Perez	Tr Pk	20.15
7	R. Rowlands	Dac	20.19
8	W. Griffiths	LH	20.24
9	M. McGeary	Hrw	21.09
10	M. Calderazzi	LH	21.11
11	M. Cunningham	Bar	21.20
12	O. Greenstein	SH	21.26
13	R. Farren	ESM	21.48
14	R. Mawali	ESM	22.22
15	J. Peppiatt	Bar	22.48
16	E. Rowe	ESM	23.15
17	A.N. Malik	ESM	24.02

**TEAMS**

Ealing, Stl Mdx	32
London Heathside	41
Trent Park	44
Ealing Sthl. Mdx	47
Harrow	48
Dacorum & Tring	61
Barnet & District	62
Shaftesbury Barnet	66

**UNDER 11 GIRLS****1200 metres**

1	M. Radus	SH	5.30
2	A. Weightman	SH	5.34
3	K. McKenzie	TP	5.45
4	Saphia Marshall	Hig	5.47
5	S. Allen	SH	5.49
6	R. Roncietti	Bar	5.32
7	R. Garrett	LH	5.55
8	E. O'Goan	Hrw	5.57
9	J. Moore	Bar	6.02
10	Ellen Donald	Hig	6.02
11	E. Bulman	SH	6.03
12	I. D'Amaco	Hrw	6.06
13	Karolina Bastin	Hig	6.16
14	L. Dumbleton	LH	6.21
15	I. Hill	TVH	6.35
16	Kayla Spurlock	Hig	6.39
17	C. O'Brien	ESM	6.42
18	M. Lucas	LH	6.49
19	G. Dench	LH	6.51
20	G. Bocchetti	TP	6.52
21	N. Swinhoe	LH	7.04
22	P. Allwright	TP	7.07
23	I. Evans	TP	7.21
24	F. Weston	LH	9.28

**Teams**

Shaftesbury Barnet Hrs	8
Highgate Hrs	27
London Heathside 'A'	39
Barnet & District	40
Trent Park RC	45
Harrow AC	45
London Heathside 'B'	64
TVH	65

**GIRLS UNDER 13****1800 metres**

1	A. Mulvihill	Enf Har	6.41
2	S. Kent	SH	6.43
3	L. O'Brien	ESM	6.48
4	Ellie Gilmore	Hig	6.53
5	Emma Williets	Hig	6.56
6	S. Peters	Hrw	6.58
7	B. Goodman-Spears	SH	7.07
8	S. Andrews	Hrw	7.13
9	S. Staab	SH	7.23
10	F. Scaap	TVH	7.25
11	M. Jarman	Hrw	7.26
12	I. Patel	Dac Tr	7.27
13	M. Perry	Dac Tr	7.27
14	Milly Dunne	Hig	7.30
15	S. Tremlett	Hrw	7.31
16	S. Hamud	Hil	7.32
17	N. Cryan	Hrw	7.38
18	Micol Cresto-Dina	Hig	7.39
19	Isabella Millett	Hig	7.39
20	Maxine Chapman	Hig	7.42
21	K. Barkshire	Hrw	7.44
22	C. Daly	SH	7.53
23	S. Brassey	SH	7.54
24	C. Brassey	SH	7.56
25	A. Ibrahim	ESM	7.58
26	R. Allwright	TP	8.00
27	E. Hathaway	TP	8.01
28	P. Pourpart-Lafarge	TVH	8.05
29	C. Cooney-Quinn	TVH	8.09
30	A. Corbo	SH	8.11
31	J. Hoar	Dac Tr	8.12
32	Hannah Sekkides	Hig	8.14
33	Florence Mace Horan	Hig	8.16
34	Alana Brennan	Hig	8.19
35	E. Conlon	LH	8.23
36	I. Brand	TP	8.26
37	Tamar Pelmont	Hig	8.26
38	P. Thomas-Bocking	Bar	8.40
39	S. Freegood	ESM	8.49
40	N. Lynch	ESM	8.53
41	E. Murphy	Bar	9.11

**Teams**

Shaftesbury Bar. 'A'	18
Highgate Hrs 'A'	23
Harrow AC 'A'	25
Harrow AC 'B'	53
Dacorum & Tring Ac	56
TVH	56
Highgate Hrs 'B'	57
TVH	67
Ealing, Sthl Mdx	67
Shaftesbury Hrs 'B'	69
Enfield Haringey	85
Trent Park RC	89
Hillingdon AC	100
Highgate Hrs 'C'	109
London Heathside	119
Barnet & Dist	121

**UNDER 15 GIRLS****2800 metres**

1 I. Weir	TVH	10.28	TEAMS	
2 V. Walker	TVH	10.33	TVH	6
3 K. Weir	TVH	10.50	Highgate Hrs	29
4 N. Ravenhill	ESM	11.07	Shaftesbury Bar	29
5 Phoebe Littler	Hig	11.29	Ealing Sthl Mdx	33
6 L. Kyriacou	SH	11.35	Harrow A C 'A'	37
7 J. Hurley	SH	11.37	Dacorum & Tring AC	53
8 I. Amos	Dac Tr	11.42	London Heathside	63
9 Costanza Di Borgoricco	Hig	11.42	Harrow AC 'B'	74
10 L. Stewart	ESM	11.47	Barnet & Dist	82
11 E. Harrington	Hrw	11.47		
12 L. Cottrell	Hrw	12.00		
13 G. Birdseye	Dac Tr	12.11		
14 T. Das	Hrw	12.23		
15 Senga Russell Donn	Hig	12.24		
16 K. Michel	SH	12.28		
17 G. Lee	SH	12.34		
18 M. Naylor	LH	12.39		
19 M. Hussain	ESM	12.40		
20 R. Haddow	Hrw	13.11		
21 R. Lynch	ESM	13.13		
22 L. Gilbert	LH	13.14		
23 R. Ufinke	LH	13.15		
24 J. Leane	Hrw	13.25		
25 A. Bulman	SH	13.42		
26 C. Cicco	Bar	13.45		
27 K. Cicco	Bar	13.45		
28 N. Conlon	L:H	15.02		
29 A. Mack	Bar	15.23		
30 A. McGrath	Hrw	15.33		
31 E. Lambrianou	Bar	16.30		

**UNDER 17 WOMEN****3600 metres**

1 L. Gee	SH	14.54
2 J. Dos Santos	TP	15.30
3 C. Marshall	ESM	15.37
4 M. Hayward	ESM	15.54
5 G. Weston	LH	16.09
6 R. Andreou	SH	16.17
7 M. Hill	Hrw	16.38
8 J. Connelly	ESM	16.57
9 J. Howard	TP	18.15

**TEAMS**

Ealing Sthl Mdx	15
Shaftesbury Barnet	17
Trent Park	21
London Heathside	25
Harrow	27