

NORTH WEST LONDON YOUNG ATHLETES CROSS COUNTRY LEAGUE

Fixture held at Alexandra Palace, Hornsey 22nd November 2014

UNDER 11 BOYS

2000 metres

1	L. Stubbs.	SH B	11.12
2	R. McGonagle	LH	11.17
3	D. Michel	SH B	11.26
4	M. Crowe	Hrw	11.41
5	Monte Watson	Hig	11.44
6	A. Rice	ESM	11.47
7	Finlay Sleeman	Hig	11.56
8	E. Brimmer	Dac Tr	12.05
9	Lucas Porter	Hig	12.13
10	B. Rock	TVH	12.15
11	A. Ferrand	TVH	12.24
12	Jesse Hopkins	Hig	12.25
13	A. Harewood	TVH	12.28
14	C. Hudson	Hrw	12.29
15	Remy Weinbrecht	Hig	12.30
16	S. Greenstein	SH B	12.31
17	D. Stolarski	SH B	12.38
18	L. Mansell	Hrw	12.42
19	Max Gladwin	Hig	12.42
20	A. Reed	LH	12.44
21	Benji Chesworth	Hig	12.49
22	M. Purton	Bar	12.53
23	D. Paine.	TP	12.55
24	T. Mastogiacomo	LH	12.58
25	Caspar Hopkins	Hig	12.59
26	S. Harris	LH	13.10
27	N. Douglas	TP	13.11
28	Miller Harvey	Hig	13.18
29	M. Hersi	ESM	13.20
30	M. Schofield	Hrw	13.21
31	R. Freeman	TP	13.27
32	Theo Pincemin	Hig	13.27
33	T. Burger	TP	13.32
34	O. O'Connor	LH	13.37
35	Jake Arthur	Hig	13.41
36	B. Fall	SHB	13.47
37	M. Hunn	Hrw	14.04
38	A. Fraser	Bar	14.04

U/11 Boys cont.

39	Victor Bright	Hig	14.07
40	N. Hersi	ESM	14.08
41	O. Ross	LH	14.24
42	M. Ibrahim	ESM	14.29
43	E. Munday	LH	14.36
44	J. Grant	Bar	14.40
45	T. Hunn	Hrw	14.48
46	K. Willis	ESM	14.49
47	L. Rochetti	TP	14.51
48	H. Massey	LH	15.13
49	Ripley Watson	Hig	15.15
50	R. Owen	ESM	16.22
51	Luca Spaccatrosi	Hig	16.41
52	B. Pool	Bar	16.57
53	J. McNamara	ESM	17.01
54	Noan Taylor	Hig	17.46

TEAMS

Highgate Hrs 'A'	33
Shaftesbury Barnet Hrs	37
Harrow AC	66
London Heathside 'A'	72
Highgate Hrs 'B'	80
TVH	89
Trent Park RC	114
Ealing, Sthl, Mdx AC	117
Dacorum & Tring AC	123
Highgate Hrs 'C'	134
Barnet & Dist AC	156
London Heathside 'B'	166

UNDER 13 BOYS

3000 metres

1	F. Harvey	SH B	13.27
2	K. Imroth	Dac Tr	13.30
3	Roland Somogyi	Hig	14.19
4	Finlay Doyle	Hig	14.27
5	F. Sturrock	TP	14.32
6	L. Edwards	Hrw	14.39
7	D. Greenstein	SH B	14.44
8	S. Bickerstaff	Hrw	15.05
9	F. Shiret	SH B	15.18
10	G. Acosta	TP	15.23
11	E. Fairhurst	Enf Har	15.28
12	C. Bocchetti	TP	15.43
13	Ennis Barnet	Hig	15.50
14	T. Gatward	SH B	15.54
15	Lorcan Barnet	Hig	15.58
16	C. Morris	Hrw	16.00
17	J. Street	TP	16.04
18	L. Hunt	Hrw	16.07
19	Alex Fitzpatrick	Hig	16.19
20	A. Zak.	Enf Har	16.22
21	M. Woolf	TP	16.28
22	S. Kohler	SH B	16.37
23	M. Muralitheran	Hrw	16.39
24	Theodore Elwes	Hig	16.44
25	A. Walsh	Bar	16.55
26	E. Fraser	Bar	16.58
27	B. Kelly	SH B	17.06
28	A. Brennan	TP	17.18
29	Felix Bright	Hig	17.23
30	E. McArdle	TP	17.25
31	T. McClunie	ESM	17.27
32	B. Woolf	TP	17.35
33	K. Lee	Bar	17.38
34	A. Gregori	Bar	17.53
35	S. Hersi.	ESM	17.58
36	M. Hersi	ESM	18.03

U/13 Boys continued

37	J. Ross Brown	Bar	18.07
38	A. Griffiths	LH	18.19
39	W. Metcalf	TP	18.24
40	K. Lebain	ESM	18.37
41	B. Banks	TP	18.45
42	C. McGrath	Hrw	18.49
43	M. Kouwiloye	ESM	19.22
44	L. Gillon	SH B	19.45

U/13 Boys Teams

Shaftesbury Barnet Hrs 'A'	31
Highgate Hrs	35
Trent Park RC 'A'	44
Harrow AC	48
Shaftesbury Barnet Hrs 'B'	93
Trent Park RC 'B'	111
Barnet & District AC	118
Enfield & Haringey AC	121
Dacorum & Tring AC	137
Ealing, Southall & Mdx AC	142
London Heathside AC	173

UNDER 15 BOYS

4000 metres

1	L. Burrell	TVH	16.35
2	J. Harper	SH	17.07
3	W. McArdle	TP	17.19
4	D. Keto	LH	17.29
5	G. Kerr	ESM	17.29
6	L. Garrett	LH	17.54
7	J. Carmoun	Hrw	17.56
8	R. Kent	SH B	18.14
9	J. Van Higginson	Dac Tr	18.22
10	??? No 146	LH	18.26
11	A. Weston	LH	18.27
12	L. Ader	ESM	18.30
13	JT. Fenn	Hrw	19.10
14	C. Taylor	Hrw	19.11
15	W. Coutts	ESM	19.14
16	N. Duer	TVH	19.22
17	N. Barnard (Guest)	QPH	19.29
18	L. Bunn	Hrw	19.31
19	O. Weintraub	TVH	19.32
20	N. Kensi	ESM	19.32
21	G. Bazzarelli	LH	20.05
22	F. Fox	SH B	20.19
23	L. Gray	LH	20.28
24	R. McElhatton	Bar	20.41
25	J. Davies	Bar	20.48
26	S. Ashton	Bar	21.00
27	J. McManus	TP	25.10
28	G. Cicco	Bar	25.54
29	B. Norton	Bar	26.15

TEAMS

London Heathside	31
Harrow AC	52
Ealing, Sthl. Md	52
Shaftesbury B arnet Hrs	62
TVH	66
Trent Park RC	90
Dacorum & Tring AC	99
Barnet & Dist AC	103

UNDER 17 MEN

5000 metres

1	T. McArdle	TP	15.51
2	K. Mahiddine	TVH	16.08
3	J. Young	TP	16.37
4	C. Sillett	ESM	16.56
5	J. Phillips	LH	17.08
6	R. Simmons-Perez	Tr Pk	17.10
7	W. Griffiths	LH	17.36
8	M. Calderazzo	LH	17.46
9	O. Greenstein	SH B	18.10
10	M. Renphrey	Dac Tr	18.30
11	B. Beckwith	Enf Har	18.44
12	C. McCarthy	ESM	19.08
13	A. Malik	ESM	19.23
14	G. Desforges	Bar	20.112
15	J. Peppiatt	Bar	23.16

TEAMS

Trent Park RC	26
London Heathside AC	38
Ealing Sthl. Mdx	45
TVH	50
Shaftesbury Barnet Hrs	57
Dacorum & Tring	58
Enfield & Haringey AC	59
Barnet & District	61

UNDER 11 GIRLS

1500 metres

1	S. Allen	SH	8.20
2	A. Weightman	SH	8.28
3	M. Manttan	Enf Har	8.34
4	Sienna Thompson	Hig	8.43
5	E. Bulman	SH	8.46
6	J. Moore	Bar	8.55
7	E. Roncietti	Bar	8.55
8	Ellen Donald	Hig	8.59
9	R. Garrett	LH	9.05
10	Mimi Light	Hig	9.11
11	M. Aslan	Enf Har	9.13
12	I. D'Amico	Hrw	9.15
13	L. Dumbleton	LH	9.18
14	Ruby Ennis Yemoh	Hig	9.27
15	Caitlan Buckley	Hig	9.29
16	Ezinwa Ochei Okpara	Hig	9.39
17	A. Walker	LH	9.40
18	E. Datnow	TVH	9.41
19	O. Bradbury	Bar	9.52
20	Xenia Ramirez-Espain	Hig	10.03
21	G. Lister-Brown	LH	10.04
22	M. Lucas	LH	10.14
23	P.J. Allwright	TP	10.25
24	L. Staab	SH B	10.43
25	I. Ader	ESM	10.47
26	H. Hake	LH	11.02
27	A. Gakmar	Hig	11.17
28	E. Winter	LH	11.19
29	F. Weston	LH	11.25
30	F. Bochetti	TP	11.33

Teams

1	Shaftesbury Barnet Hrs	8	10	Trent Park RC	84
2	Highgate Hrs	22	11	Ealing, Sthl	87
3	Barnet & Dist AC	32			
4	London Heathside 'A'	39			
5	Highgate Hrs 'B'	45			
6	Enfield & Haringey Ac	45			
7	London Heathside 'B'	69			
8	Harrow AC	74			
9	TVH	80			

GIRLS UNDER 13

2400 metres

1	Ellie Gilmore	Hig	11.47	Teams	
2	A. White	TVH	11.53	Shaftesbury Bar. 'A'	17
3	S.Kent	SH B	11.55	Highgate Hrs 'A'	21
4	L. O'Brien	ESM	12.00	Harrow AC	30
5	Emma Williets	Hig	12.03	Shaftesbury Bar B	37
6	M. Groom	SH B	12.06	Highgate Hrs 'B'	51
7	S. Peters	Hrw	12.19	Ealing, Sthl.Mdx	58
8	S. Staab	SH B	12.24	TVH	69
9	I. Patel	Dac Tr	12.35	Trent Park RC	72
10	G. Harper	SH B	12.59	Highgate Hrs 'C'	81
11	S. Andrews	Hrw	12.59	Dacorum & Tring AC	85
12	S. Tremlett	Hrw	13.05	London Heathside AC	102
13	S. Brassey	SH B	13.05	Barnet & Dist	104
14	C. Brassey	SH B	13.05	Enfield & Haringey	109
15	Maxine Chapman	Hig	13.12		
16	Micol Cresto-Dina	Hig	13.16		
17	Milly Dunne	Hig	13.20		
18	Isabella Millett	Hig	13.20		
19	A. Freely	Hrw	13.20		
20	M. Hornett	TP	13.21		
21	A. Ibrahim	ESM	13.23		
22	L. Lamy	SH	13.26		
23	N. Golab	ESM	13.35		
24	Flo Mace-Horan	Hig	13.44		
25	R. Allwright	TP	13.58		
26	Tamar Pelmont	Hig	13.58		
27	E. Hathaway	TP	14.00		
28	E. Conlon	LH	14.12		
29	C. Cooney-Quinn	TVH	14.15		
30	A. Corbo	SH	14.42		
31	Alana Brennan	Hig	14.53		
32	I. Parker	Bar	14.59		
33	S. Harizi	Enf Har	15.02		
34	P. Thomas-Bocking	Bar	15.11		
35	Sofia Isaacs	Hig	16.35		
36	L. Whittaker	LH	17.58		
37	F. Hussain	ESm	19.42		

UNDER 15 GIRLS

3400 metres

1	K. Weir	TVH	14.46	TEAMS	
2	V. Walker	TVH	14.59	TVH	9
3	N. Ravenhill	ESM	15.24	Shaftesbury Bar 'A'	20
4	L. Kyriacoui	SH B	15.40	Ealing, Sthl Mdx	26
5	L. Stewart	ESM	15.56	Harrow AC x	49
6	R. Barkle	TVH	15.59	Barnet & Dist	53
7	J. Chadwick	SH B	16.12	London Heathside 'A'	57
8	R. Vallance	TVH	16.19	Shaftesbury Bar 'B'	62
9	J. Hurley	SH B	16.21	Dacorum & Tring Ac	66
10	L. Cottrell	Hrw	16.25	London Heathside 'B'	89
11	G. Birdseye	Dac Tr	16.27	Highgate Hrs	93
12	E. Hancock	Bar	16.31	Barnet & Dist 'B'	103
13	K. Michel	SH B	16.49		
14	P. Crockford	LH	17.02		
15	Jesse Wilkinson	Hig	17.10		
16	I. Amos	Dac Tr	17.12.		
17	K. Cicco	Bar	17.14		
18	C. Thomas	ESM	17.14		
19	R. Haddow	Hrw	17.24		
20	J. Leane	Hrw	17.30		
21	L. Gilbert	LH	17.40		
22	S. Tucker	LH	17.41		
23	G. Lee	SH B	17.53		
24	F. Ham	Bar	17.55		
25	T. Das	Hrw	18.03		
26	A. Bulman	SH B	18.17		
27	J. Matthews	LH	18.23		
28	A.Harewood	TVH	18.28		
29	R. Lynch	ESM	18.32		
30	R. Finke	LH	18.53		
31	C. Cicco	Bar	19.14		
32	H. Conroy-House	LH	19.14		
33	E. Neville	SH B	19.21		
34	H. Dearden	LH	19.22		
35	V. Peters	Bar	19.23		
36	N. Conlon	LH	20.53		
37	E. Lambriandu	Bar	20.46		
38	A. McGrath	Hrw	21.08		

UNDER 17 WOMEN

4000 metres

1 I. Dye	TVH	18.16
2 G. Kyriacoiu	SH B	18.46
3 M. Turner	TVH	19.37
4 E.Wallace	ESM	19.54
5 G.Marlborough	SH B	20.11
6 E. Goodwin (Guest)	QPH	20.29
7 R. Hurley	SH B	20.45
8 G. Weston	LH	21.21
9 E. McNamara	SH B	22.09
10 R. Anderou	SH B	22.16
11 M. Hayward	ESM	22.22
12 M. Harrison	LH	23.15

TEAMS

Shaftesbury Barnet Hrs	14
TVH	17
Ealing, Sthl. Mdx	28
London Heathside	33