

NORTH WEST LONDON YOUNG ATHLETES CROSS COUNTRY LEAGUE
 FIXTURE HELD AT TRENT PARK, COCKFOSTERS
 SATURDAY 6th DECEMBER 2013 - HOST CLUB BARNET & DISTRICT A.C.

Girls Under 11 - Race distance 1400 metres

			Teams	
1 Ellie Gilmore	Hig	5.38	Highgate Hrs	6
2 Dorothy Brock	Hig	6.14	Highgate 'B'	21
3 Saphia Marshall	Hig	6.18	Highgate 'C'	38
4 Nicol Cresto-Dina	Hig	6.22	Shaftesbury Barnet	45
5 F. Scaap	TVH	6.24	Highgate 'D'	57
6 J. Moore	Bar	6.27	Barnet & District	61
7 Camilla Merino	Hig	6.27	Ldn. Heathside	67
8 R. Garrett	LH	6.29	Highgate 'E'	71
9 K. Kellyhead	Enf & Har	6.31	TVH	79
10 Isabella Millett	Hig	6.45	Enfield & Haringey	83
11 Milly Dunne	Hig	6.53	Ealing, Sthl. Mdx	91
12 A. Weightman	SH	6.54	Trent Park	92
13 Clara Mee	Hig	6.55	Ldn. Heathside 'B'	99
14 Florence Mace	Hig	6.56		
15 L. Lamy	SH	7.01		
16 I. Rugine	Hig	7.03		
17 F. Coutts	ESM	7.05		
18 T. Adams	SH	7.06		
19 E. Hathaway	TP	7.09		
20 C. Halbard	SH	7.11		
21 Karolina Bastien	Hig	7.14		
22 Xenia Ramirez-Espana	Hig	7.14		
23 Missy Douglas	Hig	7.19		
24 Olivia Dumbell	Hig	7.19		
25 Alana Brennan	Hig	7.22		
26 P. Thomas-Bocking	Bar	7.27		
27 E. Barter	SH	7.29		
28 A. Holmes	LH	7.31		
29 E. Murphy	Bar	7.32		
30 Sophia Khan	Hig	7.39		
31 H. Finke	LH	7.49		
32 F. Ewens	LH	7.49		
33 H. Munday	LH	7.51		
34 F. Weston	LH	7.58		
35 M. Kleanthous	LH	8.03		
36 P. Allwright	TP	8.19		

Girls Under 13 - Race distance 2450 metres

			Teams	
1 I. Pernthaller	TVH	10.31	Shaftesbury Barnet	16
2 M. Groom	SH	11.02	Highgate	27
3 Cecily Turner	Hig	11.05	TVH	34
4 S. Staab	SH	11.07	London Heathside	43
5 M. Lloyd	TVH	11.11	Enfield & Haringey	44
6 L. O'Brien	ESM	11.11	Ealing, Sthl Mdx	52
7 A. McTavish Grimes	E & H	11.22	Shaftesbury Bar 'B'	60
8 L. Corry	E & H	11.26	Trent Park	63
9 Sasha Fear	Hig	11.28	Highgate 'B'	64
10 L. Kyriacou	SH	11.38	Barnet & Dist	80
11 E. Haimes	TP	11.44		
12 P. Crockford	LH	11.55		
13 M. Naylor	LH	11.55		
14 G. Lee	Bar	11.57		
15 Lila Fishwick	Hig	12.01		

16 K. Michel	SH	12.08
17 G. Harper	SH	12.11
18 R. Finke	LH	12.21
19 Constanza Borgoricco	Hig	12.27
20 A. Ibrahim	ESM	12.27
21 N. Bourdeaux	TP	12.38
22 Emma Williet	Hig	12.43
23 Maxine Chapman	Hig	12.49
24 Hannah Sekkides	Hig	12.51
25 L. Gilbert	LH	12.58
26 R. Cox	ESM	13.01
27 N. Banovic	SH	13.07
28 L. Longoria	TVH	13.07
29 S. Harizi	E & H	13.19
30 E. Conlon	LH	13.39
31 A. Cullen	TP	14.05
32 V. Peters	Bar	14.19
33 S. Argent-Bowie	TP	15.18

Girls under 15 - Race distance 3000 metres

1 I. Weir	TVH	12.32
2 K. Weir	TVH	12.54
3 E. Wallace	ESM	12.56
4 V. Walker	TVH	13.13
5 R. Connery	E & H	13.15
6 G. Kyriacou	SH	13.17
7 Iilah Fear	Hig	13.22
8 L. Stewart	ESM	13.39
9 Marjolaine Briscoe	Hig	13.48
10 R. Andreou	E & H	14.11
11 R. Lynch	ESM	14.38
12 O. Laidler	LH	14.38
13 J. Matthew	LH	14.46
14 B. Halbard	SH	14.55
15 E. Hughes	E & H	15.06
16 C. Hogg	SH	15.12
17 Senga Russell Don	Hig	15.15
18 E. Jones	TP	15.25
19 G. Morton	TP	15.42
20 L. Kelly	ESM	15.52
21 K. McLennaghan	E & H	16.08
22 J. Connelly	ESM	16.25
23 N. Conlon	LH	17.04

Teams

TVH	7
Ealing, Sthl Mdx	22
Enfield & Haringey	30
Highgate	33
Shaftesbury Barnet	36
London Heathside	48
Trent Park	61

Women Under 17 - Race dsistance 4200 metres

1 Georgia Fear	Hig	16.31
2 J. Dos Santos	TP	18.28
3 S. Jacob	E & H	18.31
4 C. Dunnett	E & H	18.55
5 G. Weston	LH	19.05
6 E. Dwan	SH	19.09
7 E. Hatchett	E & H	19.21
8 S. Parker	Bar	19.59
9 J. Howard	TP	21.09

Teams

Enfield & Haringey	14
Trent Park	21
Highgate	21
London Heathside	25
Shaftesbury Barnet	26
Barnet & District	28

Boys Under 11 - Race distance 2450 metres

1 L. Stubbs	SH	10.44
2 J. Heather	E & H	10.51
3 Jo Jo Lewis	E & H	10.55
4 Finlay Doyle	Hig	10.56
5 Matthew Craig	SH	11.06
6 Theo Machin Paley	Hig	11.07
7 Oran Gallagher	Hig	11.08
8 R. McGonagle	LH	11.18
9 A. Ferrand	TVH	11.22
10 Michael Craig	SH	11.27
11 J. Cobb	SH	11.28
12 A. Dodds	E & H	11.31
13 J. Steel	TP	11.34
14 T. Horne	Bar	11.38
15 S. Monk	LH	11.41
16 Rupert Halford-Harrison	Hig	11.44
17 Fabian Brennan	Hig	11.48
18 Finlay Sleeman	Hig	11.52
19 Monte Watson	Hig	11.56
20 Alex Fitzpatrick	Hig	11.58
21 Lucas Porter	Hig	12.11
22 M. Longoria	TVH	12.13
23 Alex Geohagan	Hig	12.14
24 B. Shaw	TP	12.19
25 Ruben Prennan	Hig	12.23
26 T. Berger	TP	12.29
27 K. Crisp	LH	12.35
28 L. Nicholas	E & H	12.41
29 Z. Brooks Kaufman	LH	13.08
30 J. Ross Brown	Bar	13.09
31 M. Purton	Bar	13.11
32 Miller Harvey	Hig	13.15
33 L. Maslen	LH	13.19
34 H. Lownds	E & H	13.35
35 Ripley Watson	Hig	14.38
36 S. Cirillo	TP	14.39
37 J. Wetton	SH	14.41
38 E. Munday	LH	15.06
39 D. Foster	ESM	15.13
40 K. Atkocivmas	TP	15.59
41 D. Norton	TP	16.16
42 M. Kouwilyan	ESM	18.02

Team	
Shaftesbury Bar	27
Highgate	33
Enfield & Haringey	45
Highgate 'B'	74
London Heathside	79
Trent Park	99
Highgate 'C'	101
TVH	117
Barnet & Dist	118
Ealing, Sthl. Mdx	167

Boys under 13 - Race distance 3000 metres

1 J. Harper	SH	11.53
2 J. Young	TP	12.12
3 L. Garrett	LH	12.29
4 F. Harvey	SH	12.32
5 L. Sheehan	ESM	12.41
6 F. Watson	TVH	12.44
7 F. Shiret	SH	12.49
8 C. Dodds	E & H	12.52
9 J. Rowson	E & H	13.11
10 S. Lee	SH	13.13
11 Oliver Hadaad	Hig	13.28
12 N. Duer	TVH	13.31
13 T. Carter	LH	13.43
14 F. Sturrock	TP	13.44

Teams	
Shaftesbury Barnet	22
Trent Park	49
London Heathside	56
TVH	60
Enfield & Haringey	87
Ealing, Sth. Mdx	91
Highgate	99
Trent Park 'B'	106
Trent Park 'C'	144
Barnet & Dist	167

15 G. Acosta	TP	13.47
16 Conleth Gallagher	Hig	13.49
17 G. Kaye	TVH	13.51
18 C. Philipou	TP	13.57
19 O. Selby	LH	14.04
20 O. McGatton	TP	14.08
21 M. Flower Reeve	LH	14.21
22 F. Fox	SH	14.21
23 Y. Walkley	E & H	14.22
24 R. Connelly	ESM	14.24
25 E. Kaye	TVH	14.41
26 M. Vao	ESM	14.44
27 D. Gallo	TP	14.46
28 J. Street	TP	14.48
29 E. Fraser	Bar	15.01
30 Harvey Dodd	Hig	15.06
31 L. Norton	TP	15.27
32 J. Hough	TP	15.28
33 A. Matthew	LH	15.38
34 T. Swinton	LH	15.52
35 J. Coles	TP	16.01
36 T. Wallace	ESM	16.15
37 B. Kelly	SH	16.27
38 E. McCardle	TP	16.3
39 B. Coles	TP	16.32
40 K. Ali	TVH	16.58
41 K. Foster	ESM	16.58
42 Leon Lim	Hig	17.05
43 K. Lebdiri	ESM	17.14
44 J. Bindon-Goss	Bar	17.41
45 T. Innes	TP	18.15
46 R. Efstathiou	TP	18.5

Boys under 15 - Race distance 4200 metres

1 G. Groom	SH	15.13
2 T. McArdle	TP	15.49
3 K. Mahiddine	TVH	16.02
4 D. Keto	LH	16.06
5 L. Burrell	TVH	16.09
6 A. Mendes da Costa	TVH	16.39
7 T. Clower	LH	16.41
8 J. Young	TP	16.44
9 T. Fulton	SH	16.45
10 Alastair Sleeman	Hig	16.51
11 W. Griffiths	LH	16.58
12 G. Kerry	ESM	17.03
13 R. Simmon Perez	TP	17.14
14 W. McArdle	TP	17.38
15 R. Kent	SH	17.5
16 B. Beckwith	TP	18.17
17 T. Mills	TP	18.23
18 L. Gray	LH	18.31
19 A. Weston	LH	19.04
20 J. Hamilton	E & H	19.09
21 R. Alexander	TP	19.39
22 Filip Bastian	Hig	19.46
23 Raphael Rossiter	Hig	20.17
24 L. Adar	ESM	20.43
25 J. Peppiatt	Bar	24.47

Teams

London Heathside	40
TVH	40
Trent Park	51
Shaftesbury Barnet	51
Trent Park	80
Highgate	81
Ealing, Sthl Mdx	88
Enfield & Haringey	98
Barnet & Dist	103

Men Under 17 - Race distance 5600 metres

1 T. Butler	Bar	22.15
2 J. Wooldridge	LH	22.39
3 M. Farah	ESM	28.13
4 J. Cooper	TVH	23.42
5 J. El-Amri	TP	24.17
6 L. Garwood	E & H	24.48
7 D. Clower	LH	25.09
8 A. Khlaf	TVH	25.26
9 C. McCarthy	ESM	26.01
10 J. Phillips	LH	26.03
11 J. Horrex	TVH	26.06
12 R. Mainali	ESM	27.32
13 K. Lyons	TVH	27.36

Teams

London Heathside	19
TVH	23
Ealing, Sthl, Mdx	24
Barnet & Dist	29
Trent Park	33
Enfield & Haringey	34