

NORTH WEST LONDON YOUNG ATHLETES CROSS COUNTRY LEAGUE

FIXTURE HELD AT TRENT PARK, COCKFOSTERS, 29th NOV. 2014

UNDER 11 BOYS

2450 metres

1.	L. Stubbs.	SB H	10.18
2.	R. McGonagle	LH	10.23
3.	D. Michel	SB H	10.34
4.	J. Bailey	Dac Tr	10.42
5.	M. Crowe	Hrw	10.48
6.	J. Alan	Enf Har	10.55
7.	Monte Watson	Hig	10.57
8.	Finlay Sleeman	Hig	11.13
9.	B. Rock	TVH	11.30
10.	T. Ashton	Dac Tr	11.31
11.	C. Hudson	Hrw	11.35
12.	Jesse Hopkins	Hig	11.37
13.	S. Greenstein	SB H	11.39
14.	D. Stolarski	SB H	11.42
15.	A. Reed	LH	11.43
16.	A. Bickerstaff	Hrw	11.44
17.	S. Burnell	Dac Tr	11.45
18.	Max Gladwin	Hig	11.46
19.	N. Douglas	T Pk	11.48
20.	D. Paine	T Pk	11.50
21.	R. Freeman	T Pk	11.51
22.	M. Barker	T.Pk	11.53
23.	L. Mansell	Hrw	11.59
24.	S. Harris	LH	12.04
25.	Billy Briggs	Hig	12.05
26.	D. Rice	ESM	12.06
27.	M. Purton	Bar	12.07
28.	K. Atkociunas	T.Pk	12.08
29.	Fabian Brennan	Hig	12.10
30.	M. Kanai	ESM	12.14
31.	Jake Arthur	Hig	12.16
32.	M. Steel	ESM	12.20
33.	T. Berger	T.Pk	12.22
34.	A. Hamud (Guest)	Hil	12.23
35.	R. Owen	ESM	12.24
36.	N. Hersi	ESM	12.25
37.	A. Fraser	Bar	12.41
38.	O. Huber	TVH	12.45

Boys Under 11 continued

39. O. O'Connor	LH	12.55
40. E. Gaskin	T.Pk	13.00
41. R. Mangatz	Hrw	13.05
42. B. Fall	SB H	13.26
43. Z. Brookes-Caufman	LH	13.30
44. Victor Bright	Hig	13.31
45. O. Boss	LH	13.35
46. J. Grant	Bar	13.37
47. E. Mundy	LH	14.33
48. D. Hilton	T.Pk	14.57
49. N. Clarke	Bar	15.08
50. B. Pool	Bar	15.32
51. Noam Taylor	Hig	15.36
52. Luca Spaccatrosi	Hig	15.58

Teams

Shaftesbury Barnet Hrs	31
Highgate Hrs 'A'	45
Harrow AC	55
London Heathside AC	80
Trent Park RC 'A'	82
Dacorum & Tring AC	84
Ealing, Sthl. Mdx AC	123
Highgate Hrs 'B'	129
Trent Park RC 'B'	149
TVH	153
Barnet & Dist	159
Enfield & Haringey AC	165

BOYS UNDER 13

3000 metres

1	F. Harvey.	SB H	11.39
2	K. Imroth	Dac	11.51
3	Finlay Doyle	Hig	12.08
4	F. Sturrock	T.Pk	12.33
5	Roland Somogyi	Hig	12.36
6	L. Edwards	Hrw	12.37
7	F. Shiret	SB H	12.38
8	S. Bickerstaff	Hrw	12.40
9	D. Greenstein	SB H	12.47
10	M. Chaudhrey	ESM	13.00
11	F. Truman-Williams	Dac Tr	13.18
12	S. Cahill	SB H	13.23
13	J. Heather	Enf Har	13.24
14	M. Harris	SB H	13.35
15	D. Ruschkin	Bar	13.36
16	Alex Fitzpatrick	Hig	13.42
17	J. Street	T.Pk	13.47
18	Lorcan Barnett	Hig	13.50
19	L. Hunt	Hrw	13.56
20	C. Morris	Hrw	13.59
21	J. Lewy	Hrw	14.06
22	M. Muralitheran	Hrw	14.13
23	Theodore Elwes	Hig	14.19
24	M. Woolf	T.Pk	14.21
25	K. Lee	Bar	14.40
26	B. Kelly	SB H	14.42
27	Felix Bright	Hig	14.45
28	E. Fraser	Bar	14.48
29	A. Brennan	T.Pk	14.55
30	E. McArdle	T.Pk	14.56
31	M. Kouwiloyan	ESM	15.03
32	A. Gregori	Bar	15.10
33	M. Benveniste	Dac Tr	15.11
34	M. Hersi	ESM	15.15
35	A. Walsh	Bar	15.27
36	J. Spora (Guest)	Serp	15.28
37	J. Ross-Brown	Bar	15.50
38	H. Lownes	Enf Har	15.52
39	W. Metcalf	T.Pk	16.21

Under 13 Boys cont

40	Q. McGrath	Hrw	16.38
41	L. Gillon	SB H	16.59
42	W. Douglas	T.Pk	17.08
43	J. Purton	Bar	17.23
44	B. Banks	T.Pk	17.29
45	J. Morgan	SB H	17.43

Teams

1	Shaftesbury Barnet Hrs 'A'	29
2	Highgate Hrs	42
3	Harrow AC	53
4	Trent Park RC 'A'	74
5	Dacorum & Tring AC	92
6	Barnet & District AC	100
7	Ealing, Southall & Mdx AC	121
8	Shaftesbury Barnet Hrs 'B'	126
9	Enfield & Haringey AC	143
10	Trent Park RC 'B'	155

BOYS UNDER 15

4200 metres

1	L. Burrell	TVH	15.30
2	Abel Sinko-Uribe	Hig	16.16
3	A. Shiret	SB H	16.25
4	W. McArdle	T.Pk	16.48
5	L. Garrett	LH	16.59
6	T. Karmoun	Hrw	17.17
7	J. Van-Heiningen	Dac Tr	17.23
8	A. Weston	LH	17.30
9	L. Adar	ESM	17.34
10	Tal Pelmont	Hig	17.36
11	C. Lambert	ESM	17.56
12	N. Duer	TVH	17.59
13	M. Kanai	ESM	18.01
14	A. Hamud (Guest)	Hil	18.26
15	L. Bunn	Hrw	18.29
16	J. Raine	LH	18.54
17	W. Coutts	ESM	19.51
18	J. Richard	Hrw	19.58
19	C. Mills	T.Pk	21.40

Teams

London Heathside	49
Ealing, Souithall & Mdx	50
Highgate Hrs	52
TVH	53
Harrow AC	59
Tret Park RC	63
Shaftesbury Barnet Hrs	63
Dacorum & Tring AC	67

MEN UNDER 17

5600 metres

1	T. Butler	Bar	21.37
2	T. McArdle	T.Pk	22.19
3	K. Mahiddine	TVH	22.34
4	J. Young	T.Pk	22.51
5	O. Formby	Bar	23.09
6	J. Naylor	LH	23.20
7	W. Griffiths	LH	24.11
8	R. Simmons-Peres	T.Pk	24.18
9	R. Rowlands	Dac Tr	24.26
10	J. Phillips	LH	24.51
11	M. Renphrey	Dac Tr	25.01
12	O. Greenstein	SB H	25.06
13	B. Beckwith	Enf Har	25.19
14	M. Cunningham	Bar	25.46
15	C. McCarthy	ESM	26.52
16	J. Peppiatt	Bar	30.51

TEAMS

Trent Park RC	31
Barnet & District AC	36
London Heathside AC	40
Dacorum & Tring AC	54
TVH	54
Shaftesbury Barnet Hrs	63
Enfield & Haringey AC	64
Ealing, Southall & Mdx	66

NORTH WEST LONDON YOUNG ATHLETES CROSS COUNTRY LEAGUE

FIXTURE HELD AT TRENT PARK, COCKFOSTERS, 29th NOV. 2014

UNDER 11 GIRLS

1400 metres

1. S. Allen.	SB H	6.10
2. A. Weightman	SB H	6.12
3. M. Radus	SB H	6.20
4. J. Moore	Bar	6.27
5. O. Edwards	Dac Tr	6.30
6. E. Roncarati	Bar	6.37
7. Ellen Donald	Hig	6.40
8. R. Garrett	LH	6.41
9. E. Bulman	SB H	7.02
10. I. Fleet	Bar	7.05
11. M. Aslan	Enf Har	7.07
12. E. Datnow	TVH	7.08
13. L. Dasfter	TVH	7.09
14. Xenia Ramirez Espain	Hig	7.12
15. K. Driscoll	LH	7.20
16. E. Fonteyne	Bar	7.25
17. A. Murphy	Bar	7.27
18. H. Munday	LH	7.32
19. Amy Chapman	Hig	7.36
20. P. Jo-Allwright	T Pk	7.41
21. G. Bocchetti	T Pk	7.55
22. Agoyok Gakmar	Hig	8.35

Teams

Shaftesbury Barnet Hrs	6
Barnet & Dist AC	20
Highgate Hrs	40
London Heathside AC	41
TVH	48
Dacorum & Tring AC	51
Enfield & Haringey AC	57
Trent Park RC	64

GIRLS UNDER 13

2450 metres Park RC

1. L. Radus	SB H	10.44	Teams	
2. Ellie Gilmore	Hig	10.45	Highgate Hrs A	13
3. L. O'Brien	ESM	11.10	Shaftesbury Bar	26
4. Dorothy Brock	Hig	11.15	Ealing, Sthl, Mdx	34
5. M. Perry	Dac Tr	11.21	TVH	41
6. S. Peters	Hrw	11.30	Harrow AC	41
7. Emma Williets	Hig	11.33	Highgate Hrs 'B'	43
8. H. Findlater	TVH	11.35	Trent Park RC	67
9. G. Harper	SB H	11.57	Dacorum & Tring AC	67
10. P. Pourpart Lafarge	TVH	12.00	Enfield & Har	77
11. S. Tremlett	Hrw	12.11	London Heathside AC	82
12. Maxine Chapman	Hig	12.18	Barnet & Dist AC	85
13. Milly Dunne	Hig	12.24		
14. A. Ibrahim	ESM	12.29		
15. N. Bibaud	Enf Har	12.36		
16. L. Lamy	SB H	12.38		
17. N. Goolab	ESM	12.40		
18. Flo Mace-Horan	Hig	12.46		
19. M. Hornett	T Pk	12.48		
20. E. Conlon	LH	12.51		
21. E. Hathaway	T Pk	12.54		
22. Alana Brennan	Hig	13.11		
23. C. Cooney-Quinn	TVH	13.18		
24. K. Barkshire	Hrw	13.35		
25. S. Hamud (Guest)	Hil	14.00		
26. I. Parker	Bar	14.01		
27. I. Brand	T Pk	14.16		
28. S. Freegard	ESM	14.47		
29. E. Murphy	Bar	15.11		
30. H. May	Bar	15.44		

GIRLS UNDER 15

3000 metres

1	R. Connery	Enf Har	12.40
2	A. Harray	TVH	12.55
3	Phoebe Littler	Hig	13.00
4	L. Stewart	ESM	13.38
5	L. Cottrell	Hrw	13.40
6	L. Kyriacou	SB H	13.45
7	G. Birdseye	Dac Tr	14.09
8	G. Lee	SB H	14.22
9	E. Hancock	Bar	14.31
10	T. Das	Hrw	14.34
11	K. Michel	SB H	14.38
12	P. Crockford	LH	14.40
13	R. Haddow	Hrw	14.44
14	Jesse Wilkinson	Hig	15.04
15	M. Naylor	LH	15.06
16	J. Leane	Hrw	15.13
17	M. Hussain	ESM	15.26
18	B. Hargreaves	T Pk	15.28
19	K. Cicco	Bar	15.31
20	A. Bulman	SB H	15.33
21	J. Matthew	LH	15.39
22	S. Tucker	LH	15.40
23	C. Cicco	Bar	15.45
24	R. Finke	LH	15.49
25	R. Lynch	ESM	16.09
26	V. Peters	Bar	16.12
27	L. Kelly	ESM	16.22
28	E. Lambrianou	Bar	16.50
29	N. Conlon	LH	17.21
30	A. Mack	Bar	17.27
31	E. Murphy	Bar	17.51
32	A. Cullen	T Pk	17.54
33	E. Stocking	ESM	18.00

TEAMS

1	Shaftesbury Barnet Hrs	25	7	Enfield & Har AC	69
2	Harrow AC	28	8	TVH	70
3	Ealing, Sthl. Mdx Ac	46	9	London Heathside AC ;B;	75
4	London Heathside AC 'A'	48	10	Dacorum & Tring AC	75
5	Barnet & Dist AC 'A'	51	11	Barnet & Dist AC 'B'	84
6	Highgate Hrs	51	12	Trent Park RC	84

WOMEN UNDER 17

4200 Metres

1	G. Kyriacoui	SB H	18.17
2	C.. Johnston	Bar	18.36
3	E, Goodhartr	TVH	18.52
4	C. Goodson	SB H	19.54
5	G. Weston	LH	20.03
6	C. Dunnett	Enf Har	20.17
7	R. Anderou	SB H	20.19
8	M. Hopping	Bar	22.11

Teams

Shaftesbury Barnet Hrs	12
Barnet & Dist AC	19
TVH	21
London Heathside AC	23
Enfield & Haringey AC	24